



**SONS OF
NORWAY**

The Desert Viking

May 2024

Sol-Land Lodge

Kennewick, WA

Upcoming Meetings

So another year has gone by and Spring 2024 is showing us sunshine and cold wintery weather! I'm not sure if we're coming or going! But Syttende Mai is around the corner! Let's wear our Scandinavian sweaters or white, blue, and red colors, and plan to celebrate Norway's Constitution Day! We'll gather on Friday, May 17th, at 6pm to socialize! Our dinner will be hot dogs and ice cream! We will have a short parade, so bring your Norwegian flags to wave as we parade. ***Please bring an accompanying salad or other side dish, or perhaps, a sweet bar or cookie to go with the ice cream!

The meeting will also have a presentation by Lisa Bartholomew on Norwegian sølje. She will show some pictures of silver jewelry or sølje from different regions. Each region has its own design just as bunader do. She will bring her own jewelry and wants to encourage other people to bring theirs too. She will demonstrate the process of cleaning it that she learned at a Nordic Museum class last year. You can bring a piece of silver jewelry and an old towel to the meeting if you would like to be part of the hands-on program.

The board meeting is on the Monday following the meeting. 7:00 PM, May 20th at KFLC. Everyone is invited to attend.



Lodge Events

The movie night (Lutefisk wars) appears to have been a success, in spite of some technical difficulties. About a dozen people attended, and in addition to the movie, they were treated to popcorn, lemonade, ice cream and cookies! The audience enjoyed the movie and suggested that another movie night might be something to look into. So - do you have any Scandinavian films we could show?

Sol-Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck dinner beginning at 6:30pm. Guests are not expected to bring food just to come and enjoy themselves! The cultural program begins about 7:30. We meet at Kennewick First Lutheran Church on the corner of HWY 395 and Yelm. We have a board meeting on the Monday after the regular membership meeting, beginning at 7:00pm, also at Kennewick First Lutheran. If you wish to come to a meeting, but do not have transportation, please contact us and we will arrange it for you. If you are interested in a membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also visit our lodge website at www.sol-land.org.

Don't forget - we have a web site (<http://www.sol-land.org/>), a Facebook page (<https://www.facebook.com/profile.php?id=100079950565729>) and an Instagram page (<https://www.instagram.com/sonsofnorwaysollandlodge/>). Please help us keep them interesting and up to date - send us things you think we need to promote, events to note, articles of interest, etc. Sara Watson (sarawatson@pobox.com), Laura Kostad (laurakostad@hotmail.com), and Nancy Holter (sol.land.lodg@gmail.com) OR the contact links on the sites are your points of contact.

The Scandinavian Hour

with your host
Seth Tufteland



Saturday & Sunday 6:00-7:00am, Saturday 9:00-10am

Stream us online at <https://1150kknw.com/listen-online>

Visit our website at www.thescandinavianhour.org

Music, News, & Interviews for the Scandinavian Community



Sol-Land Lodge 2024 Officers:

President	Greg Holter
Vice President	Laura Kostad
Secretary	Nancy Holter
Treasurer	Lucinda Twedt
Counselor	Virginia Fields
Social Director	Rennae Rosenberg
Cultural Director	Gretchen Makinson
Asst. Cultural	Ron Rolla/Joe Molvik
Sport Director	Lisa Bartholomew
Foundation Dir.	Nancy Holter
Publicity Director	Sherice Halvorsen
Editors	Sara Watson/Nancy Holter
Musician	Linnea Hillesland
Librarians	Gretchen Makinson Maureen Woodward
Marshall	Brad Horst
Assistant Marshall	Dave Payson
Greeter	Donna Smitt
Asst. Greeter	Ginger Fields
Sunshine Committee	Laurie Tyssen
Scholarship Chair	Dick Nordness
Tubfrim Chair	Laurie Tyssen

2024 District Convention

The 2024 District 2 convention will be held May 29 – June 1, in Coeur d’Alene. Sol-Land has elected two delegates – Rennae Rosenberg and Lucinda Twedt. Their registration fees will be paid for and they will also receive a stipend to partially offset their lodging expenses.

The convention is also the location of the District Fine Arts Competition and Exhibition. All ages and abilities are invited to enter. It would be fantastic to have really great representation from Sol-Land!! Rules and forms are available at <https://www.sonsofnorway2.com/2024-convention-folk-art/>.

Greg Holter will provide some genealogy assistance at the convention, too, so bring your information if you will be looking for some help.



Sol-Land Lodge Scholarship

The Sol-Land Scholarship has been awarded for the 2024-2025 school year. The \$750 award goes to Cameron Rystrom. Congratulations, Cameron!

Cameron Rystrom is the nephew of Sara and DJ Watson. He is graduating in May from West De Pere High School in De Pere, WI. Cameron's plans are to attend UW - Madison to study Physics and go on to study Medical Physics. He'll is a member of the National Honor Society with a cumulative GPA of 4.2 and has taken college classes in high school and will graduate with 68 credits. His main interests include sports, music, and traveling. He recently went on a 10 day trip to France where his 5 years of French classes came in handy. Cameron wishes to thank the Sol-Land Lodge for this award to help towards his school expenses.





Nordic Book Club

Sons of Norway has a nation-wide Book Club that 'Zooms' the last Thursday of the month. To join the Sons of Norway Book Club, send an email with your name, lodge name and contact information (phone number and email address) to SonsOfNorwayBookClub@gmail.com.

The May selections are **The Axe** (Book 1 of The Master of Hestviken) By Ingrid Undset and **(Mystery Read) Night Falls on Norway** (Book 3 Shadows of War) By CW Browning. Zoom Meeting/Discussion Date & Time: May 30; 7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time

Author Presentation for May - The authors Tricia Velure and Tom Sandhei will speak about their book *Dust Yourself Off*. The Zoom presentation will be May 30, 2024, 8:00 - 10:00 p.m. Eastern Time.

For more Book Club info – contact Nancy Holter (509-375-0919, sol.land.lodge@gmail.com) or Bill Browning, Sons of Norway Book Club Coordinator, SonsOfNorwayBookClub@gmail.com, 470-636-9686.

Sol-Land on Social Media

Don't forget – we have a web site (<http://www.sol-land.org/>) and a Facebook page (<https://www.facebook.com/profile.php?id=100079950565729>) and are in the process of starting an Instagram page. Please help us keep them interesting and up to date – send us things you think we need to promote, events to note, articles of interest, etc. Sara Watson (sarawatson@pobox.com), Laura Kostad (laurakostad@hotmail.com), and Nancy Holter (sol.land.lodge@gmail.com) OR the contact links on the sites are your points of contact.

District 2 events

If you are going to be in the Seattle area on May 17, stop in at the Leif Erikson Hall for their open house. Hours will be 1PM – 4:30PM.

The Astoria Scandinavian Midsummer Festival has been a tradition on the North Coast of Oregon for over fifty years. This year the dates are June 21,22, and 23rd. The festival embodies the rich cultural heritage that was transplanted to the Astoria, Oregon region by emigrants from the Nordic lands. During the three days of the festival, over a dozen Nordic musical, dance, and theater groups are scheduled to entertain. Retail booths will offer handcrafts, Nordic import items, and traditional Nordic foods. It is not necessary to be Scandinavian to enjoy this festival.

The 2024 Steak Fry will be held July 27th at Trollhaugen Lodge. Tickets (\$35) must be purchased in advance, see the attached flyer. There will be a horseshoe and Kubb tournament again this year. Sol-Land has hosted that event the last few years, if you are willing to help again this year, please contact Nancy (509-375-0919, sol.land.lodge@gmail.com)

The D2 golf tournament will be held on August 17th at the Sun Country Golf Course in Cle Elum. Registration deadline is July 15th, \$120 per player, including golf, cart, and sack lunch. Banquet will be in Cle Elum at the Sunset Bar and Grill. The price of the banquet is not included in the golf registration, and if all you want to do is attend the banquet, that works, too. If you are interested – no need to have a team – get a registration form from Nancy Holter (509-375-0919, sol.land.lodge@gmail.com)





Cultural Items

At the November bake sale, we got indications of interest in a variety of classes, genealogy, rosemaking, carving, knitting, hardanger, and Norwegian cooking to start with. If you are interested in any of these classes, please let us know. Don't sit and wish, we aren't mind readers!

We are also gauging interest in 'field trips' such as a trip to discover the heritage of the Selbu church in the Palouse and a return trip to the National Nordic Museum. If you have ideas for other places of interest, let's hear them.

Speaking of members' interests – if you want to fill out a member survey but have not had a chance to, please let Nancy (509-375-0919, sol.land.lodge@gmail.com) know so she can get one to you.

The Sol-Land Lodge Heritage Committee is ready to accept proposals for uses of the Heritage Fund monies. Do you have an idea that will benefit our membership? Contact Sara Watson ((509) 628-

Important Dues information

Effective July 1, 2024 single member annual dues will be \$84 – an increase of \$2/mo. The local lodge portion of the annual dues will increase from \$14 per individual member to \$15 per individual member.

Family membership will dues will be \$144, an increase of \$4/month. The local lodge portion of the annual dues will increase from \$28 to \$30 per family membership. And a reminder that members included in a family membership must reside at the same single-family residence and share a mailing address. This includes college students that still use their home address as their permanent address while not in school.

If you want to pay your dues by credit card: Just a reminder that while International can't accept a credit card number over the phone or written on an application/renewal, you can use your credit card when you renew online. Just know that it will NOT automatically renew yearly, so when you get your invoice notice, make sure to go back in to pay.

Join the Mariners for Nordic Heritage Day at



T-Mobile Park on August 25 to celebrate the impact of the Nordic Community here in the Pacific Northwest. With this special offer, \$8 of every ticket sold will benefit the Sons of Norway Foundation and its efforts to share and preserve Nordic heritage by providing scholarships,

cultural exchange opportunities, disaster relief, and funding for community programs. For more information and ticket sales, go to

<https://www.mlb.com/mariners/tickets/specials/nordic-heritage#offer>.

This special ticket offer is available online only and is not available in the Team Store or at the Box Office. This is something the lodge members might want to do as a group, and it is an opportunity to meet up with members of other lodges in the stands.

3391, sarawatson@pobox.com) for information and forms.





Bringebærdessert (Raspberry Dessert)

Serves 6

Ingredients

500g / 1 lb 2 oz raspberries

(or any other berry that takes your fancy!)

3 egg whites

200g / 7 oz sugar

250ml / 8.5 fl oz double or heavy cream

A few raspberries or other berries to decorate



Method

Using an electric whisk or stand mixer, whisk the eggs whites until stiff and dry looking. Gradually add the sugar a spoonful at a time, whisking very well between each addition. This will take a few minutes, but it's worth it to have the sugar incorporated properly.

Whisk the cream until it forms soft peaks. Crush the berries using a fork in a good sized bowl. If they are ripe enough they will simply crush. I like to keep a few not so well crushed so that you get bites of raspberry in the dessert. Fold the cream and raspberries in the egg white mixture alternately taking care not to beat out all the air. Use a gentle figure of eight motion and a large spoon and that will keep it light and fluffy. Spoon into a serving bowl or individual bowls and decorate with the remaining raspberries.

The dessert is best served immediately, but will keep quite happily in the fridge for a few hours.

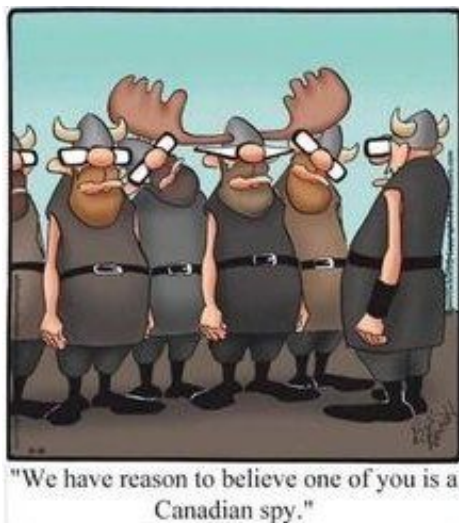
Recipe found at: <https://www.livingnordiclife.com/post/bringeb%C3%A6rdessert-for-olsok>

Syttende Mai Word Find

Search for the Norwegian Word

K	Æ	D	H	L	P	T	X	B	A	N
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Norsk	English Translation
Frihet	Independence
Konstitusjon	Constitution
Bunad	National Costume
Is	Ice Cream
Pølser	Hot dogs
Taler	Speeches
Tog	Parade
Norge	Norway
Flagg	Flag
Eidsvoll	Eidsvoll
Nasjonalsang	National Anthem



Calendar

May 17 - 6:00pm -
General Heritage Meeting -
Syttende Mai!

May 20 - 7:00pm -
Board Meeting, KFLC
Everyone is welcome to attend

May 4, 11, 18, 25 - 9am-12noon -
Tine Box Class with Joe Molvik
if you are interested you NEED to call Joe at
509-539-0811 ASAP

May 29-June 1 - D2 Convention



Sons of Norway Sol-Land Lodge 2-86
P.O. Box 6235
Kennewick, WA 99336