



## Upcoming Meetings

To the attendees at our potluck on December 15th: If you plan to bring more folks than your typical number on any other month, please call me so I can prepare more food!

My plan is pork loin with mashed potatoes and gravy. What wonderful hot vegetable side dishes and scrumdilli-icious desserts will you bring?

To the Table Leaders who so graciously volunteered to set a table for our Christmas: Please plan to complete your table by 6pm. I will be at the church kitchen by 3pm, so come by any time that is good for you! I can offer you white paper place mats, red plastic table coverings (you may wish to bring your own table cloth instead?), also the Lodge has both red napkins and white napkins. We'll use church plates and silverware. These options, to use or not, are only limited by your imagination on what your table will look like! It may be fancy or it may be homey. You decide! Any expense incurred will be yours. If you have questions or want to discuss your ideas, please feel free to call me!

I am - Rennae 509-539-8948.

\* Everyone in attendance will cast their single vote to determine the winning table! This should be Fun! Ho! Ho! Ho!

Set-up for the potluck will start about 5:30, and the potluck will be served at 6:30. Guests need not bring anything for the potluck, but members are reminded that their contribution should be enough for 4-6 people.

In addition to the table decorating contest, we will have a Jul program, some memories from members about family/Christmas/traditions, and singing and dancing around the Christmas tree. Bring your voice!

Please remember our giving tree – mittens, hats, socks, and Kleenex are what is needed this year. The board meeting will be the Monday following the meeting. 7:30 PM, Dec. 18 at KFLC. Everyone is invited to attend.

We will have installation of Officers at the Jan 19<sup>th</sup> meeting. If you will be an officer next year, please plan to attend the meeting!

Sol-Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck dinner beginning at 6:30pm. Guests are not expected to bring food just to come and enjoy themselves! The cultural program begins about 7:30. We meet at Kennewick First Lutheran Church on the corner of HWY 395 and Yelm. We have a board meeting on the Monday after the regular membership meeting, beginning at 7:00pm, also at Kennewick First Lutheran. If you wish to come to a meeting, but do not have transportation, please contact us and we will arrange it for you. If you are interested in a membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also visit our lodge website at [www.sol-land.org](http://www.sol-land.org).



### Bake Sale Round Up

Preliminary results indicate that the lodge cleared a bit more than \$1000 – we still have a couple outstanding bills AND some things to sell which will be available at the Dec meeting.

The Sol-Land Board would like to thank the members for their efforts in supporting this event. Without them it would not have been the success it was.



## Sol-Land Lodge 2023 Officers:

President	Greg Holter
Vice President	Laura Kostad
Secretary	Nancy Holter
Treasurer	Lucinda Twedt
Counselor	Virginia Fields
Social Director	Rennae Rosenberg
Cultural Director	Gretchen Makinson
Asst. Cultural	Ron Rolla/Joe Molvik
Sport Director	Lisa Bartholomew
Foundation Dir.	Nancy Holter
Publicity Director	Kristie Edwards
Editors	Sara Watson/ Nancy Holter
Musician	Linnea Hillesland
Librarians	Gretchen Makinson Maureen Woodward
Marshall	Brad Horst
Assistant Marshall	Dave Payson
Greeter	Donna Smitt
Asst. Greeter	Ginger Fields
Sunshine Committee	Laurie Tyssen
Scholarship Chair	Dick Nordness
Tubfrim Chair	Laurie Tyssen

### 2024 District Convention

The next District 2 convention will be held May 29 – June 1, 2024 in Coeur d'Alene. Now is the time to think about attending. You can go as a delegate elected by the lodge, or as a visitor to observe and to interact with other members from around the District (Washington, Oregon, Idaho, and Alaska). The lodge will pay for the registration and provide a stipend to cover part of your hotel/gas costs.

There are several District offices that will be vacated in 2024. IN order to run for a District office, you must be an elected delegate attending the convention, AND own (or be willing to purchase) a financial product – insurance, an annuity, etc. The District nominating committee has begun looking for candidates. Greg Holter is a member of the four person nominating committee, if you have questions about the process or want to throw your hat in the ring, please contact him (509-375-0919, [waxlerfarms@gmail.com](mailto:waxlerfarms@gmail.com)) If you would like more information about attending a convention, what goes on at a convention, or the various District offices, you can ask members of the lodge board which people in the lodge might be able to answer your questions.

## Cultural items

At the bake sale, we got indications of interest in a variety of classes, genealogy, rosemaling, carving, knitting, hardanger, and Norwegian cooking to start with. If you are interested in any of these classes, please let us know. Don't sit and wish, we aren't mind readers!

We are also gauging interest in 'field trips' such as a trip to discover the heritage of the Selbu church in the Palouse and a return trip to the National Nordic Museum. If you have ideas for other places of interest, let's hear them.

Speaking of members' interests – if you want to fill out a member survey but didn't make it to the Aug or Sept meetings, please let Nancy (509-375-0919, [sol.land.lodge@gmail.com](mailto:sol.land.lodge@gmail.com)) know so she can get one to you.

The Sol-Land Lodge Heritage Committee is ready to accept proposals for uses of the Heritage Fund monies. Do you have an idea that will benefit our membership? Contact Sara Watson ((509) 628-3391, [sarawatson@pobox.com](mailto:sarawatson@pobox.com)) for information and forms.

### District 2 events

The District 2 board is offering a leadership training program. This program is designed to assist both new and returning officers in preparing for the responsibilities of their office. This program will provide information that will help them to be successful in performing their duties. Training day will be January 27<sup>th</sup> at the Norden Lodge in Tacoma. This training is not limited to officers of the lodge. All lodge members are welcome to attend. If we have interest, we can try to set up car pools so you needn't drive by yourself. The weather might be a factor in the end, but this is something any of our members might take advantage of. We will be discussing this at the Dec board meeting, so if you have an interest in going, please let us know.

#### Heritage Days coming up

February 10th Cultural/Craft Fair in Coeur d'Alene – mark the date on your calendars and we'll give you more details when we have them.  
Bothell Heritage Days, Bothell Lodge, March 2<sup>nd</sup> 2024 10-3 pm. Displays, demonstrations, food!!



## Nordic Book Club

Sons of Norway has a nation-wide Book Club that 'Zooms' the last Thursday of the month. To join the Sons of Norway Book Club, send an email with your name, lodge name and contact information (phone number and email address) to [SonsofNorwayBookClub@gmail.com](mailto:SonsofNorwayBookClub@gmail.com).

The December selections are **(Main Read) Stutthof Diaries Collection: For Truth & Honor** by Tor Jorgensen and **(Mystery Read) Nemesis (Harry Hole #4)** by Jo Nesbo.

The January selections are **(Main Read) The Winter Fortress** by Neiel Bascomb and **(Mystery Read) Don't Look Back (Inspector Sejer #2)** by Karin Fossum.

This is a link, sent to by book club member Kaare Hansen, to a recording on YouTube of an interview with Nancy Marie Brown, the author of *The Real Valkyrie* which was the November selection. The interview was conducted by Scandinavia House (New York City) as part of their virtual Book Talk series.

<https://youtu.be/MUjSXID5560>

For more Book Club info - contact Nancy Holter (509-375-0919, [sol.land.lodge@gmail.com](mailto:sol.land.lodge@gmail.com)) or Bill Browning, Sons of Norway Book Club Coordinator, [SonsofNorwayBookClub@gmail.com](mailto:SonsofNorwayBookClub@gmail.com), 470-636-9686.



Don't forget - we have a web site (<http://www.sol-land.org/>) and a Facebook page (<https://www.facebook.com/profile.php?id=100079950565729>) and are in the process of starting an Instagram page. Please help us keep them interesting and up to date - send us things you think we need to promote, events to note, articles of interest, etc. Sara Watson ([sarawatson@pobox.com](mailto:sarawatson@pobox.com)), Laura Kostad ([laurakostad@hotmail.com](mailto:laurakostad@hotmail.com)), and Nancy Holter ([sol.land.lodge@gmail.com](mailto:sol.land.lodge@gmail.com)) OR the contact links on the sites are your points of contact.

We have a limited supply of those lovely Rosemaled Norway and Sweden calendars for just \$15 each. We have lefse AND spritz cookies for sale, also.

## 2023 Sons of Norway Christmas Ornament

The 2023 Christmas ornament design has been finalized. You can only buy them online, and they almost always sell out quickly.



<https://sofn.logoshop.com/ProductDetails/?productId=554313296>

### Volunteer Hours Needed!

Volunteer hour totals need to be turned in so we can fill out the end-of-year reports. PLEASE get them to Nancy by the January meeting. Remember, if you baked, if you helped set up, if you demonstrated, anything you did to help the lodge and/or the community *in the name of the lodge* counts - including travel time.

### The Scandinavian Hour

with your host  
**Seth Tufteland**



**Saturday & Sunday 6:00-7:00am, Saturday 9:00-10am**

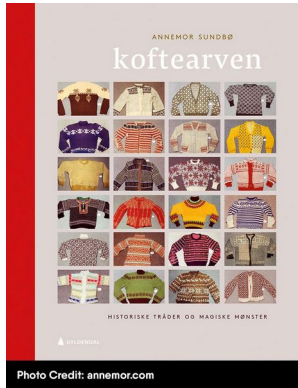
Stream us online at <https://1150kknw.com/listen-online>

Visit our website at [www.thescandinavianhour.org](http://www.thescandinavianhour.org)

*Music, News, & Interviews for the Scandinavian Community*



## Sweater Legacy



Annemor Sundbø enjoys rolling up her sleeves and bringing things back to the start. In 1983, she inadvertently set her life's course when she bought the last shoddy mill in Norway, a piece of equipment that breaks down old woolen textiles, allowing them to be re-spun and knitted into new garments. Since then, she has done her utmost to re-use wool fibers, preserve and recreate lost knitting patterns and has also taken on the role of knitting historian. Sundbø has written several books on knitting and the history of Norwegian sweater patterns, among other topics.

In 2020, her latest book “Koftearven, Historiske Tråder og Magiske Mønster” [translation: Sweater Legacy - Historical Threads and Magical Patterns, sold in English as “Norway's Knitted Heritage – The History, Surprises and Legacy of Traditional Nordic Sweater Patterns”] was awarded Southern Norway’s Literature Prize. This book places Norwegian kofte (sweater/cardigan) traditions into a global context, showing how the motifs that are considered native to Norway fit into the bigger picture, with ties to all kinds of far-flung cultures.

Ever the textile educator, Sundbø’s book would not be complete without several knitting patterns and hundreds of images of sweaters with richly-colored multi-strand patterns.

## Brunost Craze Hits South Korea

Norwegians are deeply into their brunost—the sweet and salty cheese made of cow’s and goat’s milk that tops sandwiches, waffles and even meatballs.

Jeonmi Eom liked the sweet and savory flavor so much, she decided to import and license brunost products for distribution in South Korea. In doing so, she set off a massive flavor trend.



Eom partnered with Norwegian brunost brand Synnøve, opening five brunost-themed cafés in her hometown of Busan, Korea’s second-largest city with a population of 3.4 million. Now Eom imports and sells around 52,000 units of brown cheese annually.

The founder of the cheese brand, Synnøve Finden, was also a trailblazer, becoming the first Norwegian woman—with Pernille Holmen—to own a factory in 1928. Today Synnøve Finden AS [LLC] produces over 1200 tons of brunost each year, along with other products.

Much of that brunost is sold via Eom’s cafés to South Koreans, who enjoy brunost on ice cream sundaes, croissant-dough waffles, and on pizza.

Since exports to South Korea began in 2019, Synnøve and competitor Tine have exported over 100 tons of brunost, and according to Tine’s export director Unni Sjøflot, with 52 million citizens, the country has potential to buy quite a bit of cheese.



## WWII Submarine Discovered

During a scientific trip, an 83-year-old British submarine wreck was spotted off the coast of Rogaland county in southern Norway. Mareano, a research group, was mapping the seabed and discovered the submarine along with six other objects.

The craft is thought to be the remains of the HMS Thistle, which now sits 525 below the surface. Research cruise leader Kyrre Heldal Kartveit said, "We knew what characteristics we should look for; thus, we were able to identify the wreck as 'Thistle,' but with a small caveat that it is the Royal Navy who is responsible for the final identification."

The last voyage of the HMS Thistle set out on April 10, 1940 and was sunk by a German U-Boot. None of the Thistle's crew survived. Since the sub's last position was only approximate, it is possible that the craft has drifted over time. Photos of the plant-riddled wreckage reveal a possible torpedo tube wedged in the hull.

Along with the submarine, the expedition also located several shipping containers, and what turned out to be a WWII aircraft engine.



GOD JUL!

## Sol-Sand Lodge Bake Sale

November 18,  
2023



# Calendar

**December 15** – 6:30pm – Yulebord  
Table Decorating Contest

**December 18**– 7:30pm – Board Meeting  
Everyone is welcome to attend

**December 25** – God Jul!

**January 1** - Godt nytt år!

**January 19** – 6:30pm - General Heritage  
Meeting, Potluck and Installation of Officers



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