



We will not be holding a meeting in August, as the COVID case numbers are still growing. Please help the community's case numbers go down by getting vaccinated and following other healthy habits like wearing masks indoors and keeping your distance from others who are unvaccinated. We will need to work with Kennewick First Lutheran to determine what conditions need to be met for us to resume in person meeting in the church

It is time to start planning as if we are going to hold Taste of Scandinavia in Oct. We need demonstrators, cooks, bakers, people to man the cash tables, people to set up and take down – all kinds of people. We also need ideas for new types of displays, demonstrations, foods, etc. If you have ideas, please contact a board member.

Once we get 'back to normal', what classes or groups would you like to see the lodge provide? Knitting? Singing? Hand crafts, food classes? Are there Cultural skills pins that you might want to work on? That you can help teach?

Lodge officers

It is time for us to get busy filling out a slate of officers for the next year. We would love to have multiple nominees for every office!! If you want information about what an office entails, ask us, we will love to tell you. We MUST find a new VP, as that office is vacant at the moment. All other officers are up for grabs, too, as this slate has been in office for 2 years, now.

We also need volunteers to revitalize the Heritage Committee. We have a plenty of money, just waiting for us to come up with ideas to grow the lodge: programs to hold, speakers or teachers to bring in, trips to museums, what else can we dream up? But we can't disburse the money until we get a committee to review those ideas. The lodge officers can't serve on the committee, but can advise the committee if there are questions. Unless we suddenly have an influx of proposals, it is not a committee that takes a lot of time, so please consider being one of the six committee members.

It is also time to begin thinking about being a delegate to the District convention next spring – maybe even running for a district office!! Most of the district officers will have been in their offices for four years instead of the usual two by next spring, and many would welcome a replacement. We have quite a few members who have been delegates if you want to find out a bit about being a delegate. We have a few members who have been District officers, too.

Lingonberry Cake

Ingredients:

- 2 scant cups flour
- 2/3 cup sugar
- 1 tbs baking powder
- 2/3 scant cup unsalted butter
- 1 egg
- 3/4 cup lingonberry preserves

Topping:

- 2/3 cup oatmeal
- 3 tbs butter
- 1/2 cup sugar
- 1 tsp vanilla sugar

Preheat oven to 400 degrees fahrenheit.

Combine sugar, flour and baking powder and add cut butter under a pastry blender. Add the egg and mix.

Spread mixture into a pre-greased 8 X12 inch pan. Spread an even layer of preserves over the batter. Combine all the ingredients for the topping and sprinkle over the preserves. Bake for 27-30 minutes until topping is golden. Cool before cutting.

Sol-Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck dinner beginning at 6:30pm. Guests are not expected to bring food just to come and enjoy themselves! The cultural program begins about 7:30. We meet at Kennewick First Lutheran Church on the corner of HWY 395 and Yelm. We have a board meeting on the last Monday of the month, beginning at 7:00pm, also at Kennewick First Lutheran. If you wish to come to a meeting, but do not have transportation, please contact us and we will arrange it for you. If you are interested in a membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also visit our lodge website at www.sol-land.org.



Officers for 2021

President - Greg Holter
Vice President
Secretary - Nancy Holter
Treasurer – Lucinda Twedt
Counselor - Virginia Fields
Social Director - Rennae Rosenberg
Cultural Director - Gretchen Makinson
Assistant Cultural – Ron Rolla, Joe Molvik
Sports Director – Lisa Barthlomew
Foundation Director - Nancy Holter
Publicity Director - Kristie Edwards
Editors - Sara Watson/Nancy Holter
Musician - Linnea Hillesland
Librarian – Maureen Woodward/Gretchen Makinson
Marshall - Brad Horst
Assistant Marshall - Dave Payson
Greeter - Donna Smitt
Assistant Greeter - Ginger Fields/Elaine Shepherd
Sunshine Comm.
Scholarship Chair - Dick Nordness
Tubfrim Chair – Laurie Tyssen

Trollhaugen

Sol-Land Lodge has a long and close relationship with Trollhaugen – the lodge’s donation to the building fund was one of the largest of the donations from District 2 lodges. We have members who enjoy the winter sports, and members who enjoy the summer and fall events – including the Heritage Retreat and Steak Fry. Trollhaugen depends on user fees to stay alive. 2020 and 2021 have been disastrous for their business, and some expenses don’t go away just because the building and equipment aren’t being used. Since Trollhaugen IS such an important part of District 2, and to encourage donations to keep it alive and shining, Sol-Land Lodge will match lodge members’ donations dollar-for-dollar up to a lodge donation of \$1000. Please contact Nancy Holter (509-948-2684, sol.land.lodge@gmail.com) or Lucinda Twedt (5090308-0481, twedt_cindy@yahoo.com) for details on how to be sure your donation is matched.

District events

The District Adult Heritage Retreat is being planned for September 17-19. I know there will be COVID safety measures in place, but as of now we do not know the agenda or how many campers will be allowed to attend. We will pass on information as soon as we know it.

Our Community

Sol-Land supports Vista Elementary school in Kennewick – the Vikings. We provide school supplies as well as food and hygiene items for their school cupboard. We also offer our support to My Friends Place for teens, in Kennewick, and the Richland schools district-wide clothing and hygiene cupboard. IF we are lucky enough to have a Jul party, we will be having a “mitten” tree to collect socks, scarves, mittens, hats, etc. for the schools and the mission. This will be a hard fall and winter for many in our community, so if you can offer help to these programs, please contact Nancy Holter ((509-948-2684, sol.land.lodge@gmail.com) or Rennae Rosenberg (509-539-8948, imrennae@yahoo.com) for information, pickup, and/or delivery help.



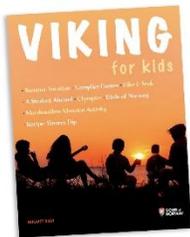


Folk Art Competition and Exhibition

The District 2 convention is going to be held June 1-4, 2022. You have a bit more than nine (9) months to finish your projects for the Folk Art event. You can submit them for judging or just for show. The rules usually specify that items must have been completed in the last 2 years, but I have not heard if there will be an accommodation for the projects that had been completed for 2020. Let's be prolific!! Rosemaling! Tina boxes! Knitting! Hardanger! Genealogy! Photography! Wood Carving!! Swedish (huck) weaving! I know we have members who participate in all of these arts. Maybe this year we can have some cooking submissions – cookies, kransekake, lefse.... Yum. If you need help with your project(s), contact Nancy Holter (509-948-2684, sol.land.lodge@gmail.com).



Viking for Kids



The August issue of *Viking for Kids* is now available for download. This edition covers summer vacation in Norway, campfire games, geocaching, the Summer Olympics, birds you'll find in Norway, and not one, but **two** marshmallow-related activities! You'll also meet Liv, an American student who will be studying in Norway for the next school year.

Viking for Kids is a quarterly digital publication with Scandinavian-inspired articles, quizzes, coloring pages and more! We are excited for our Heritage members to have a magazine of their own and we look forward to seeing it in use!

You can download it here: [Viking for Kids August 2021](#)

Viking E-post

Have you been receiving the Viking E-post? If not, Sons of Norway Headquarters may not have your current email address. You can sign up simply by going to <https://www.sofn.com/e-post-sign-up/>, submitting your email address, and selecting "E-Post" from the list of mailings. Each month has a variety of articles for you to enjoy and learn from.

Viking's Trash, Historian's Treasure
Every spring, Vikings who settled in settlement centres in Norway would gather together their livestock, burn down their huts, and move to a new location. The huts were made of wood and were built on stilts. The huts were made of wood and were built on stilts. The huts were made of wood and were built on stilts.

Bygone Times Revealed in Norway's Abandoned Farms
Author and historian Doreen Morley has written an article about the abandoned farms in Norway. The article is about the abandoned farms in Norway. The article is about the abandoned farms in Norway.

Oslo Opera House Welcomes Sandy Beach
The Oslo Opera House in Norway has a unique feature: a sandy beach on its roof. The beach is made of sand and is used for sunbathing and sunbathing.

Salmon Burgers with Vegetable Slaw
A recipe for salmon burgers with vegetable slaw. The recipe is for salmon burgers with vegetable slaw. The recipe is for salmon burgers with vegetable slaw.

Happy Anniversary, Viking for Kids!
Celebrating the 10th anniversary of Viking for Kids. The magazine is celebrating its 10th anniversary. The magazine is celebrating its 10th anniversary.

In August, Viking for Kids will celebrate its first anniversary. This quarterly was a result of a resolution proposed at the 2018 International Convention to create an online benefit for Heritage members and expand their knowledge of Scandinavian culture. Volume for Kids was first published in the first issue.

Did your ancestors arrive in the United States between 1892 and 1924? Then they most likely came via Ellis Island, a center that welcomed some 17 million immigrants. As many as 5,000 people were processed in a single day. Ellis Island was a place of happiness and tragedy. Many of those who made it into the country made their fortune here, while others were denied entry—often due to illness—and had to return to their country of origin.

If you go to the Internet address <https://www.statueofliberty.org/discover/> you will find fascinating information about the people who came to America. For example, if you type in the name of someone who entered through Ellis Island, you will be given the age of the person on arrival, the arrival date, and the country of origin. The site also offers family histories and shows the forces that brought people from all over the world to America's shores.

—*S/N Newsletter Service*



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