



# The Desert Viking

## January 18<sup>th</sup> Cultural Meeting and Brunch!

Yes, that's right...we're doing something a little different this month. Instead of our Friday night meeting, we will be having a brunch on **Saturday morning, 9:30am** and a fun and educational cultural presentation afterwards. Please bring all your yummiest breakfast foods (you get bonus points if they're Scandinavian!) and be prepared to be entertained and learn about one of **Norway's great contemporary folk artists, Sigmund Aarseth**. Please bring your families, children and neighbors so we can shower them with Nordic hospitality. If you have any questions, please call Sara Watson at 628-3391.



### Looking Ahead...

#### February 21<sup>st</sup> Meeting and dinner

#### Skiing in Norway

Come travel the cross-country ski trails around Venabu, Norway with Gretchen Makinson as she shows pictures of her trip there last April. But first a stop for 2 nights in Iceland to see the frozen Gulfoss, soak in the Blue Lagoon, watch geysers erupting and walk the trails around the historic site of Pingvellir. Sunny skies and cold snow greeted us each day with excellent views of the Rondane mountain range as we skied with our friends and tour guide. On Norwegian food night, we dined on such specialties as moose stew, whale, reindeer and horsemeat!



SONS OF  
NORWAY

## Annual Lutefisk Dinner

Saturday, February 1<sup>st</sup>, 2014

Time: 1:00 – 4:00 pm

Kennewick First Lutheran Church  
Highway 395 and Yelm, Kennewick

Adults: \$20, Children 6-12: \$10

Tickets for sale at the door



Served Buffet style – all you can eat

[www.sol-land.org](http://www.sol-land.org) or (509) 619-1510 for info.





## **General Information** **about the Lodge**

Sol Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck beginning at 6:00 PM. Guests are NOT expected to bring food, just to come and enjoy themselves. The general meeting or cultural activity begins about 7:00. We meet at the Kennewick First Lutheran, on 395 and Yelm. We have a **monthly board meeting** on the last Monday of the month at 7 PM also at First Lutheran. The current president is Nancy Carrs-Roach (531-8459). She can supply you with names and phone numbers for other officers if you need them. If you wish to come to a meeting, but do not have transportation, give us a call and we can arrange it for you. If you are interested in membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also check out our lodge website at [www.Sol-Land.org](http://www.Sol-Land.org).

## 2014 Sol-Land Lodge Officers

President:	Nancy Carrs Roach
VP:	Ron Rolla
Secretary:	Darlene Roberson
Financial/Membership:	Ron Rolla
Treasurer:	Ed Lund
Social:	Karen Aanes
Cultural:	Sara Watson
Sports:	D.J. Watson
Publicity:	Kristie Edwards
Foundation:	Doris Porter
Editor:	Sara Watson/ Nancy Holter
Auditing committee:	
Youth:	
Counselor:	Ginger Fields
Marshall:	Brad Horst
Greeter:	Donna Smitt
Trustee:	
Historian:	
Librarian:	Doris Lund
Musician:	Linnea Hillesland
Adopt-a-School:	Doris Lund
Scholarship:	Dick Nordness

## ***Stamps And Box Tops***

Please remember, as those Christmas cards come flowing in, to save the stamps for Tubfrim. And continue to collect the box tops and labels for education for our schools- we are still in a competition with the rest of the District 2 lodges.

## ***Volunteer hour reports***

Ok, here we go again – it is time for you to bring the secretary a list of the events you volunteered for and the hours you spent doing that work. For example, baking lefse for Taste of Scandinavia is one event, no matter how many hours you spent doing it. Fraternal events benefit the lodge itself. Community events benefit the world outside the lodge. Some things can be listed under both fraternal and community. Go look at your calendars and e-mail accounts, review the newsletters and compile your lists. Then come January you will be all ready.

## Baking for Lutefisk

We need LOTS of baked goods for the lutefisk dinner; we need about 1000 cookies for the dessert table, and tons of baked items for the bake sale table. In order to make sure we know what is coming and what else we might need, Ginger has requested that all bakers let her know what they are planning to bring. Please call 734-7876 with your fabulous plans!





## Sol-Land Lodge Annual Lutefisk Dinner Lefse Baking Sessions!

Sol-Land Lodge Annual Lutefisk Dinner is Saturday, February 1, 2014

and

You can lend a hand to make the dinner a success,  
**YOU BETCHA!**

To begin with, we need lefse and lots of it...please come and help! Even if you have never made lefse before, we can teach you how. It's fun!

**WHEN:** Every Tuesday morning in January 2014 we will be rolling, cooking & packaging lefse. January 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>.

**WHERE:** Kennewick First Lutheran Church kitchen

**TIME:** 9am to noon

**BRING:** An apron. Lefse rolling pin & griddle if you have one, but NOT necessary. We can pair you up with someone who does!

**CALL:** Ginger Fields (509) 734-7876 with any questions

**ALSO:** Please call Karen Aanes (509) 619-1510 to volunteer to assist with the dinner. There are lots of jobs but many hands make light work!

THANK YOU for all you do for Sol-Land Lodge!



## Lutefisk preparations

The last-minute work will start on Friday, Jan 31. We will be peeling potatoes at 10 AM, and then setting up the dining area. Nancy and Ginger will be making fattedgman and rosettes, starting at 9 AM – you are welcome to join in the fun.

We need lots of helpers, both for set up on Friday and to work on Saturday – even if it is only for the clean up! In payment for your hard work, those who work at least 3 hours (including lefse baking) or commit to clean up afterwards can get half off their dinners. Please call Karen Aanes (619-1510) or Nancy Holter (375-0919) to volunteer.

## Congratulations...

to the following multi-year members of Sol-Land Lodge. Recognition Pins are awarded at certain intervals for being a Sons of Norway member over time. Your loyalty is appreciated! AND it's always nice to be recognized for renewing your membership annually and being part of a great organization and lodge. Thank you!

45 years: Martha May Williams, Ben Borgen

20 years: Greg Holter, Nancy Holter, Ginger Fields

15 years: Eric Neilsen & Nancy Carrs Roach

10 years: Jane Frazier, Linnea Hillesland and D.J. Watson

5 years: Brad Horst & Carolyn Watson

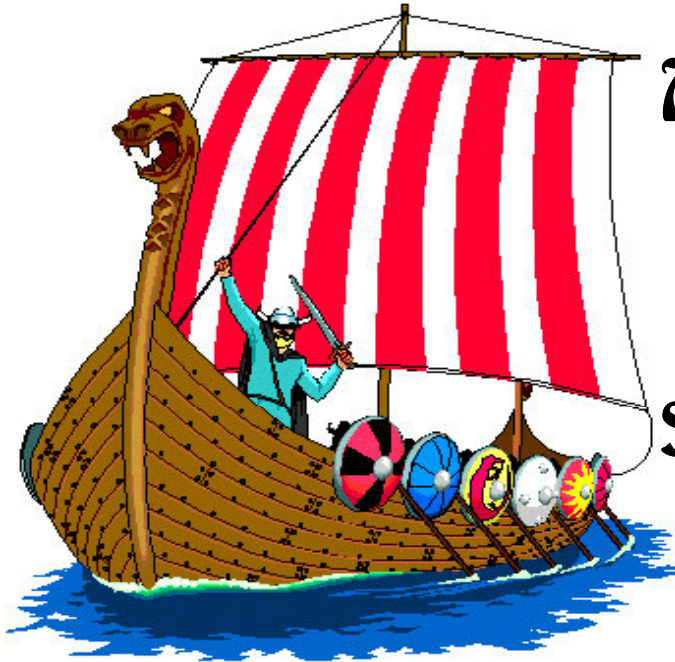




# SONS OF NORWAY

Sol-Sand Lodge 2-086

Kennewick, WA



## Annual Lutefisk Dinner

Kennewick First Lutheran  
Church

Highway 395 and Yelm

**Saturday, February 1, 2014**

1:00 to 4:00 p.m.

Lutefisk & sauce, meatballs & gravy,  
potatoes, vegetables, lefse,  
Scandinavian specialties and cookies!

Served buffet style

Adults: \$20.00

Children 6-12: \$10.00

For more information contact:

Karen at (509) 619-1510

or e-mail: [norskona@yahoo.com](mailto:norskona@yahoo.com)



## Registration for District 2 Youth Camps

Applications to attend the District 2 Youth Camps can be submitted starting February 14, 2014, and will be recorded in the order in which they are received. To attend camp, children must have a parent or sponsor who is a Sons of Norway member in District 2. Please enclose a \$50 non-refundable deposit for each applicant. Total tuition for each two-week camp is \$525. Balance is due by June 10, 2014.

**Camp Trollhaugen** (ages 13-15), Easton, WA, June 29-July 12, 2014

Mail application to Dan Andrews, 13131 NE Failing, Portland, OR 97230

**Camp Nidaros** (ages 9-12), Gearhart, OR, July 13-26, 2014

Mail application to Bradley Brown, 2445 SW 87th Ave, Portland, OR 97225

**Camp Normanna** (ages 9-12) Lake Riley, WA, July 27–August 9, 2014

Mail application to Chris Hicks, 816 214th St. SW. Lynnwood, WA 98036

**The Sofie/Olson Scholarship** is available for children who attend our District Two Youth camps. The deadline for scholarship application is April 15, 2014.

**The Draxten Memorial Scholarship** is awarded to many of our children attending the District Two youth camps. To be eligible, campers must have applied and been accepted to the camp of their choice AND they must have been awarded a camp scholarship from their local lodge. The lodge awarding the initial scholarship *must notify the camp committee of the recipient's name and the amount given by April 30th.*

**The Carl M. Saltveit Scholarship** awards assistance to an applicant to attend the International Summer School (ISS) at the University of Oslo next summer. The completed application must be returned to me and postmarked no later than March 1, 2014. So time is approaching fast.

Please contact Nancy Holter (375-0919) or Ron Rolla (619-1510) for camp applications and more information on the scholarships.

## September Porridge - A Finnish Recipe for Syyspuuro

While Finns would typically use fresh lingonberries for this hearty porridge, cranberries are equally delicious.

Cook Time: 20 minutes      Total Time: 20 minutes

### Ingredients:

5 cups water	2 cups fresh cranberries (or lingonberries, if you can get them)
1 cup sugar	2 medium apples, peeled and coarsely diced
2 cups rolled oats	1/4 tsp. salt
1/4 tsp. Cinnamon	1/2 tsp. vanilla (optional)

### Preparation:

Stir together water, cranberries, sugar, and apples in medium sauce pot; bring to a boil. Lower heat to medium-high and simmer until the cranberries begin to pop (about 15 minutes).

Add rolled oats and salt; cook at a low boil for 5 additional minutes. Stir in cinnamon and vanilla (if desired) and serve immediately.

Yield: 5-6 servings of Syyspuuro, September Porridge.



## Upcoming Calendar of Events:

**January 7, 14, 21, 28:** *Lefse baking*, 9am-noon! No experience necessary, come and learn the ropes from experienced lefse makers. If you have your own griddle and equipment, bring them along! Call Ginger Fields for more details 734-7876.

**January 11:** *Scandinavian Cooking class!* We will be exploring Scandinavian breakfast foods. 2:00pm, at Kennewick First Lutheran Church. Everyone is welcome! Please call Sara Watson at 628-3391 if you have any questions. Or you can send her e-mail at sarawatson@cougarmail.org.

**January 18:** *General Heritage Meeting*, 9:30am, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Please join us for potluck brunch, some fun and a cultural presentation about one of Norway's premier folk artists, Sigmund Aarseth.

**January 27:** *Board Meeting*, 7:00pm, Kennewick First Lutheran Church, Room 5.

**February 1:** *Lutefisk Dinner*, 1:00pm-4:00pm, Kennewick First Lutheran Church. Lutefisk, Swedish meatballs, potatoes, salad, lefse, cookies.

**February 15:** *Cooking Class*, 2:00pm, Kennewick First Lutheran Church. This month we will be warming ourselves up with tasty soups! Do you have a favorite soup to bring? Norway's soups are delicious...Cauliflower soup, leek soup, fish soup, yellow pea soup with ham...so many to choose from! This month, Nancy Holter has also agreed to teach us how to make **Fårikål**, the popular meat dish from southern Norway. Lamb and cabbage are layered and stewed with peppercorns. Serve with boiled potatoes sprinkled with parsley. It is known as Norway's national dish!

**February 21:** *General Heritage Meeting*, 6:00pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Come travel the cross-country ski trails around Venabu, Norway with Gretchen Makinson as she shows pictures of her trip there last April.

**February 24:** *Board Meeting*, 7:00pm, Kennewick First Lutheran Church, Room 5.



Sons of Norway Sol-Land Lodge 2-086

703 Coast Street

Richland, WA 99354