



The Desert Viking

JULY 20th ICE CREAM SOCIAL

The lodge will provide ice cream, so bring your favorite topping or accompaniment. Social and games will begin at 6:30 pm. Feel free to bring a favorite card or board game and prepare to have a fun, relaxed evening with friends!

Let's ALL escape to Scandinavia this month! It's summertime!

As your Cultural Director, I invite ALL Sol-Land Lodge members to read the short (@ 170 page) novel entitled, The Summer Book by Tove Jansson this month. According to one reviewer,...

"It is a book about a summer spent on a tiny island in the Finnish archipelago. It's imbued with the air, soil, and water of the small archipelago island where the stories are set. It has that contemplation and patience that one finds in Swedes, Norwegians, and Finns. Jansson gives you that sense of awe when viewing the landscape. You can feel yourself amongst the marshes, bilberry bushes, polished stones on the beaches, wet grass, and dense forests. You can see the long, slow sunsets that last until 10pm. It is a very Scandinavian appreciation of nature, life's challenges and it's continuity from generation to generation.

You can easily order a used, paperback copy of the book from the online retailer, Amazon, for about \$6.00 plus shipping. Go online or call 1-866-216-1072. Refer to The Summer Book, published by The New York Review of Books, 2008. The ISBN number is 978-1-59017-268-1.

I will host a discussion about the book at our regular July meeting Ice Cream Social on Friday July 20, 2012. Those who have read the book can talk about it and those who haven't can play cards or board games as usual.

I'll meet you on the island! --Nancy Carrs Roach, Cultural Director



The Trollhaugen Steak Fry replaces our regular meeting in August.

Trollhaugen Steak Fry August 4

The District 2 Steak Fry to benefit Trollhaugen is Aug 4. Cost is \$16 if your tickets are purchased before Aug 1, \$18 after that. A child's hot dog meal is available for \$5. Nancy Holter will be coordinating car pools, so if you are planning to attend, please let her know. Steak Fry is an excellent time; fresh air, friends, good food – what more can you want? If you have never been to Trollhaugen, this is a good time to check it out. For more information and tickets, call Nancy (375-0919), Karen (438-6810), or Ginger (734-7876).





Bake Sales – Dates and Needs

There are bake sales arranged for four dates between now and the October 5. They are August 3, Sept 14 and Oct 5. We need LOTS of baked good for the sales table. Chocolate chip, peanut butter, brownies, fudge, whatever your family likes will be great. Please package your contributions in packages to sell for \$1, and if they contain nuts, please label accordingly.

Evening news is where they begin with 'Good evening', and then proceed to tell you why it isn't.

The shinbone is a device for finding furniture in a dark room.

Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?

Cultural Heritage Retreat

The (Adult) Heritage Retreat will be held the weekend of Sept 28 this year. The original flyers had the date as Sept 21, but it was a mix-up with the D2 Board. This fall the theme is "Scandinavian Myths and Legends". Tuition is \$115 BEFORE Sept 1, and \$125 after. That includes all lessons, supplies, room and BOARD!! For more information, call Ginger (734-7876) or Nancy (375-0919)

Ginger Fields is quite generous with her time and attends the bake sales for us, and she would appreciate some company. If you are able to spare a few hours, please come down to HAPO on Union St. in Kennewick and keep her company! It doesn't take a huge amount of cookies/bars/fudge from anyone if we have as many people contributing as possible. Please put these bake sale dates on your calendar and start planning what you can contribute.

General Information about the Lodge

Sol Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck beginning at 6:00 PM. Guests are NOT expected to bring food, just to come and enjoy themselves. The general meeting or cultural activity begins about 7:00. We meet at the Kennewick First Lutheran, on 395 and Yelm. We have a **monthly board meeting** on the first Wednesday of the month at 7 PM also at First Lutheran. The current president is Karen Aanes (438-6810). She can supply you with names and phone numbers for other officers if you need them. If you wish to come to a meeting, but do not have transportation, give us a call and we can arrange it for you. If you are interested in membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also check out our lodge website at www.Sol-Land.org.





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Upcoming events:

August 18 – Benton Franklin Fair Parade. Again, please come and walk with us. The boat and bunaded walkers should be there by 8 AM, the parade starts at 10 AM, so everyone else should be there well before that time, or you will have to walk farther from your parking place than you will for the parade itself.

Sept 1 – Frontier Days Parade, Walla Walla, details to come

Sept 22 – Sun Fair Parade – Yakima, details to come.



Unge Venner Weekend at Trollhaugen

This will be held Oct 19 – 21. This is open to anyone between 16 and 23, you do not have to be a member of Sons of Norway. The cost is \$25/person per night. Cost covers food and lodging. If you wish to stay the weekend, it will be \$50. For more information, please contact Seth Tufteland at sofnseth@yahoo.com.

Eastern Caribbean Cruise

District 2 is sponsoring another cruise, this time to the Caribbean. It will be from Feb 24 – Mar 3, 2013. If you would like more information, please call Nancy (375-0919).

D2 Golf Tournament

The District 2 Golf Tournament will be held Aug 13 in Everett. Cost is \$60/golfer and includes greens fees, carts and the awards banquet. Tickets for only the banquet are \$10. For more info, please call Herb Barstad (360-659-4817)





Taste of Scandinavia Festival



Mark your calendars for Saturday, October 20! From 10am-4pm, Sol-Land Lodge will be hosting our first ever "Taste of Scandinavia" Festival at Kennewick First Lutheran Church. This will be a free, family friendly event with demonstrators, displays, food, music and lots of fun!

We hope to bring in folks who are interested in the Scandinavian culture and heritage, but are hesitant to come and eat Lutefisk. Our café will have new and different food and we will have activities for kids and adults alike. We want to show off all the Scandinavian folk art talent in our lodge. If you have

art or a skill that you would like to showcase, please give Sara Watson a call at 628-3391. We may be calling on bakers to help provide baked goods for sale, since our Scandinavian goodies are so popular with the public.

Watch for our lodge displays at area libraries and flyers around town. Tell your neighbors, friends and family to stop by and see what we have to offer!

The open-face sandwich has a long tradition in Norway. A slice of freshly cut bread, thinly spread with butter, forms the basis for artfully arranged toppings and edible garnish.

Every element of the sandwich should be fresh. The ingredients should complement one another with respect both to taste and appearance.

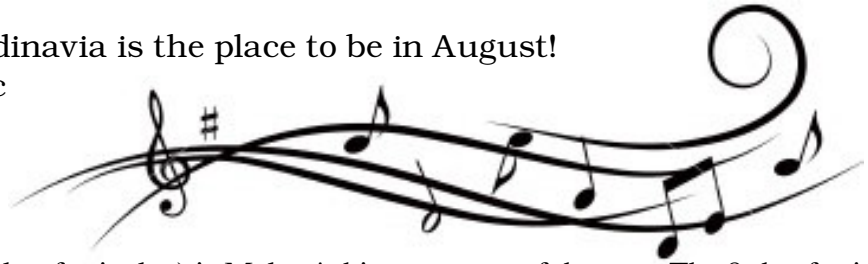
1. Smoked salmon slices on a slice of white bread, with scrambled egg or hard-cooked egg wedges and dill.
2. Shelled shrimp or crabmeat on toast, with mayonnaise and lemon.
3. Sardines in tomato sauce on whole wheat bread, with hard-cooked egg slices and fresh dill.
4. Anchovy fillets on whole wheat bread with raw egg yolk placed in an onion ring sprinkled with chopped chives.
5. Roast reindeer meat on whole wheat bread with poached apple wedges and lingonberry preserves.
6. Sautéed minute steak on whole wheat bread with leek rings, tomato, and parsley.





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If you are a music lover, Scandinavia is the place to be in August!
Check out these annual music festivals:



Sweden:

The Malmö Festival (in Swedish: Malmöfestivalen) is Malmö's biggest event of the year. The 8-day festival takes place in the second half of August and attracts over 1.5 million visitors every time.

Along with free admission, the Malmöfestivalen in Malmö offers its visitors a variety of entertainment: over 250 concerts and music performances, lots of great Swedish food to taste, an amusement park, theater shows, artwork market, sports events, and other forms of entertainment.

No matter what kind of festival you like, you can only love the Malmö Festival in Sweden. One of the highlights for me (besides the free admission) is the variety of concerts, which range from classical music to pop/rock and even heavy metal.

If you're more into food events, don't miss the crayfish party at Stortorget at the start of the Malmö Festival, where visitors can get delicious local food and beer to kick off the festival.

Iceland:

The Reykjavik Jazz Festival is Iceland's jazz event of the year. Taking place each year on the last days of August until early September in Iceland's capital Reykjavik for five days, the Jazz Festival event attracts more and more jazz lovers each time it is celebrated.

Visitors at the Reykjavik Jazz Festivals can expect superb live jazz music by well-known jazz artists from around the world, along with great Icelandic newcomers who are still considered an insider secret.

At the Reykjavik Jazz Festival, music concerts range from traditional jazz to contemporary jazz. The locations for these numerous concerts are all in Iceland's capital Reykjavik, which is fitting due to the popularity of Reykjavik's nightlife. You can find a detailed schedule and event program on the official website of the Reykjavik Jazzfestival each year.

Norway:

The Chamber Music Festival in Oslo ("Oslo Kammermusikk Festival" in Norwegian) is an annual event with lots of music ranging from the Middle Ages to today's popular music. The Chamber Music Festival consists of several interesting music events in Oslo, performed by well-known national and international musicians.

When & Where the Chamber Music Festival Takes Place:

Oslo's Chamber Music Festival is a 10-day summer event and takes place in mid August every year. Venues for this event are many of Oslo's beautiful historical buildings, with the royal Akershus castle in Oslo being the Chamber Music Festival's center. The official Kammermusikk Festival's site provides ticket information for the event.

Interesting Facts about the Chamber Music Festival:

The Oslo Chamber Music Festival's official patron is Her Majesty Queen Sonja of Norway, and Norway's famous violinist Arve Tellefsen is the artistic director of the Chamber Music Festival.



Upcoming Calendar of Events:

July 20: *General Heritage Meeting*, 6:00pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Ice Cream Social and game night. Book discussion of Tove Jansson's, **The Summer Book**.

August 3: *Bake Sale*, 9am, Hapo Credit Union on Union Street in Kennewick

August 4: *Trollhaugen Steak Fry*, call Nancy (375-0919), Karen (438-6810), or Ginger (734-7876) for more information. This event takes the place of our regular monthly meeting.

August 10: *Taste of Scandinavia planning meeting*, 7:00pm, Sara Watson's house, 4195 Norris St., Richland. 628-3391

August 18: *Benton-Franklin County Fair Parade*, 10am. Walkers and riders for the boat/float meet up at 9am on Dayton Street in Kennewick.

September 5: *Board meeting*, 7pm, Kennewick First Lutheran Church.



Sons of Norway Sol-Land Lodge 2-086
703 Coast Street
Richland, WA 99354