

Sol-Land Lodge #2-086

40th Anniversary 1968-2008



SONS OF
NORWAY

Kennewick, WA

April 2009

The Desert Viking

April Meeting:

Our Sol-Land Lodge **April 17th** cultural program will be a presentation about Norwegian Bunads by Donna Gilbery from the Yakima Odin 2-41 lodge. .



Free membership for Nordic Heritage Museum

Any member of Sons of Norway D2 or GL Daughters of Norway (and many other Scandinavian groups) who have NEVER been a member of the Nordic Heritage Museum may get a free one year membership. You just need to tell them which lodge you belong to. If you live in the Seattle area or plan to visit the area it is well worth it to take advantage of this generous offer! To see what's happening there, go to <http://www.nordicmuseum.org/>.

Remember! Culinary creativity for a good cause!

One of the lodge activities this year will be a monthly food bank challenge. Each month members will be challenged to provide a complete meal of a specific type (breakfast, Mexican, Easter dinner, etc) for a typical family. Bring your food items to the monthly meeting and a vote from lodge members will determine who wins a prize! All food collected will be given to the local food banks.

Please remember to use only shelf stable items in your meal. There is a prize every month!



General Information about the Lodge

Sol Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck beginning at 6:30 PM. Guests are NOT expected to bring food, just to come and enjoy themselves. The general meeting or cultural activity begins about 7:30. We meet at the Kennewick First Lutheran, on 395 and Yelm. We have a **monthly board meeting** on the first Monday of the month at 7 PM also at First Lutheran. The current president is DJ Watson (628-3391), the secretary is Vernie Tiwater (628-9987). They can supply you with names and phone numbers for other officers if you need them. If you wish to come to a meeting, but do not have transportation, give us a call and we can arrange it for you. If you are interested in membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also check out our lodge website at www.Sol-Land.org.





The Desert Viking

President	D.J. Watson	628-3391
V. President/Membership	Karen Aanes	619-1544
Secretary	Vernie Tiwater	628-9987
Treasurer	Cliff Blegen	783-3387
Social Director	Sara Watson	628-3391
Cultural Director	Nancy Carrs-Roach	547-2331
Counselor	Nancy Holter	375-0919
Editor	Nancy Holter, Sara Watson	375-0919 628-3391
Foundation Director	Cliff Blegen	628-3387
Publicity Director	Audrey Blegen	783-3387
Youth Director	Carrie Hallquist	628-9669
Sports/ Rec Director	Ken Leaf	586-4687
Music Director	JoAnne Bjerke	396-2341
Librarian	Nancy Gummer	541-567-8141
Calling Committee	Doris Olson, Laurie Tyssen, Adah Knapstead	547-8675, 545- 9086, 586-6960
Greeter	Ben Borgen	783-9723
Scholarship	Max Kreiter	627-6556

I AM NORSK II Norwegian Genealogy Seminar

Saturday, 2 May 2009

10am – 4pm

(Doors open at 9am)

Bremerton

Sons of Norway

Oslo Lodge 2-035

1018 18th St – Bremerton

**Parking is available in Olympic
College's main parking lot next to
the lodge.**

\$20 per participant

Optional Catered Lunch - \$10

Total Payment due by April 10th

Genealogy Book Sales

Scandinavian Arts and Crafts

Raffle Prizes throughout the day

Volunteer Help Groups

After lunch, we will have individual sharing groups with a translator, computer, and someone who knows the basic area of Norway where your ancestors lived.

Bring Pedigree & Family Group charts.

**Pre-Registration Required –
Limited Access – Public Invited –
Payment due by April 10th**

**Contact Deanna Dowell
(ddowell@wavecable.com) with
the Bremerton Oslo Lodge 2-035
for more information and
registration forms.**



Tidbits:

Request for Recipes

DJ Watson has requested heritage recipes for the web site. He particularly wants those that have a story associated with them. You can see examples on the lodge's website at <http://www.sol-land.org/culture/recipes.htm>

Bunad Patterns for lending

Ginger Fields has some generic bunad patterns for men, women and boys. If you wish to borrow them, please give her a call (734-7876).

Lodge Web site

The lodge web site is: <http://www.sol-land.org/>. There are pictures from past events, recipes, a calendar of events, and other information. The site has been recently re-vamped with a new home page containing important links and a "Contact us" page with the officers' e-mail addresses.

So, Ole --- I see you got a sign up that says, "Boat For Sale." But you don't own a boat, Ole. All you got is your old John Deere tractor and your combine.

"Yup, and they're boat for sale."





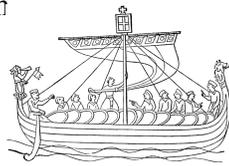
The Desert Viking

Recipe of the Month:

TROUT PATÉ WITH CHIVE SAUCE

Serves 4

- 150 g (5 ounces) smoked boneless, skinless trout fillet
- 100 g (4 ounces) fresh boneless, skinless trout fillet
- 1 t. cold butter
- 1/4 t. salt
- 1/2 t. ground white pepper
- 1/2 dl (3 1/2 T) whipping cream
- 4 lettuce leaves
- 4 dill sprigs
- 4 lemon slices



Chive sauce:

- 4 ss (1/4 cup) 20% fat sour cream
- 1 T chopped chives

Cut 4 thin slices of the smoked trout and reserve. Grind remaining smoked trout with the fresh and press through a sieve. Beat with butter, salt, and pepper.

Gradually add the cream. Spoon into a pastry tube and pipe onto 4 individual plates. Arrange the sliced smoked trout around the mound of paté. Combine sour cream and chives. Place a lettuce leaf on each plate. Garnish with dill and lemon and a spoonful of sauce. Serve with melba toast.

http://www.sofn.com/norwegian_culture/showRecipe.jsp?document=TroutPate.html

There were these two Swedish hunter-buddies who went to Norway and bought a bird dog. Later they returned to Sweden to test the dog, but they were rather disappointed. Finally one of the guys said, "We've been cheated, we might as well just give the dog away." The other Swede looked back at his buddy, "Yeah, we'll give him one more chance. Throw him up in the air again, and if he doesn't fly we'll just have to give him away to someone else."

MEMBER BIRTHDAYS

Happy Birthday!

Rolf O Skorge	April 6
Dorothy B Schlosser	April 7
Linnea J Hillesland	April 12
Alma M Lewandowski	April 17
Clifford R Blegen	April 18
Celia P Kohler	April 20
Norma H Winters	April 27
Joseph A Molvik	April 29
Shirley M Carlson	April 30

Lodge Notes:

Lodge History

The Coeur d'Alene lodge is hosting the International Convention in 2010. The District 2 will be celebrating 100 years of existence, and would like to compile a history of the various lodges in the District. If you can help, please contact one of the lodge officers. And speaking of history and officers, the lodge needs an historian. If you might find this an interesting position, please contact Nancy Holter (375-0919; sol.land.lodge@gmail.com).

Exchange students?

Do you know of any Scandinavian exchange students in the area? We would like to extend an invitation to them to join us at our lodge events. Please contact Vernie Tiwater (628-9987; verniet1@verizon.net) if you do.





Syttende Mai Meeting and Celebration

On the evening of May 15, 2009, our lodge will celebrate the Norwegian Constitution Day holiday of Syttende mai (a couple of days early!) with a potluck smorrebord dinner featuring lutefisk and pork sirloin provided by our lodge. Lodge members and guests from other lodges are asked to bring their favorite Norwegian or Scandinavian side dishes and/or desserts to share. Since we are celebrating Syttende mai, it would add to the festivities if attendees could wear their Norwegian bunads or folk dress or other Scandinavian inspired attire.

After enjoying our meal, we will welcome our guest presenter, Eric Nelson, Executive Director of the Nordic Heritage Museum in Seattle, WA. In January 2008, Eric became the second Executive Director of the Nordic Heritage Museum, which was founded in 1980 and has its home in the former Daniel Webster Elementary School in Ballard. Historically, Ballard has been the heart of the Scandinavian-American community in Seattle and the Pacific Northwest. Big changes are underway at the Museum these days and Eric Nelson is going to bring us up-to-date with his presentation.

Did you know?... that during the past year the Museum has moved steadily toward making the dream of a new building to house the Museum come true? Land for the new building has already been purchased along Market Street in Ballard near the Government Locks. Market Street is a well traveled route for vehicles and pedestrians, locals and tourists. This future Museum site offers tremendous potential for increased exposure for the Nordic Heritage Museum and its programs. A design concept for the new Museum was created by Mithun Architects of Seattle. How exciting!!!

Please come "Share the Nordic Spirit!" with Eric Nelson as he takes us into the future of the Nordic Heritage Museum. We can all participate in this great new Scandinavian venture! Please come enjoy our Sons of Norway Eastern Washington spirit and camaraderie too!

Hosts: Sons of Norway Sol-Land Lodge

Location: First Lutheran Church Auditorium, 395 & Yelm, Kennewick, WA

Dinner: 6:30p.m. Potluck smorrebord celebrating the Norwegian Constitution Day holiday of Syttende mai (Need a Norwegian recipe? See our website www.Sol-Land.org)

Cultural Program: 7:30p.m. Presentation by Eric Nelson, Executive Director, Nordic Heritage Museum

Bet you didn't know.....Unlucky 13

This tradition comes from Scandinavian lore. According to tradition there was a banquet in Valholl in which there were twelve gods in attendance. Loki entered uninvited (raising the number to 13) and it was later that Baldr was killed.





The Desert Viking

SONS OF NORWAY DISTRICT 2



Where will you be this summer?

Camp Trollhaugen : June 28 - July 11
Easton, WA
Ages 13-15

Camp Nidaros : July 12-25
Seaside, OR
Ages 9-12

Camp Normanna : July 26-Aug. 8
Arlington, WA
Ages 9-12

For an application, see our website

www.sofncamps.com

or call Regina Agerter at
541-685-0115

Applications can be postmarked
starting February 15, 2009

NORWEGIAN EXPERIENCE

2009

WIN THE CRUISE OF A LIFETIME!

This year's Norwegian Experience will be an exclusive Fred Olsen cruise for two, with day excursions, and a two-day stay in Oslo for some sightseeing. As always, this trip of a lifetime includes business class international air travel, deluxe accommodations, and U.S. \$500 in spending money! Just imagine spending 10 days cruising up and down the Norwegian coastline, the breath-taking views and the opportunity to go on any number of day excursions, like flightseeing by seaplane, or a visit to the renowned Fjord Center. There are options for everyone no matter what you like to do!

To enter for a chance at the Norwegian Experience of a lifetime, all you have to do is recruit a new, dues-paying member between January 1 and December 31, 2009. And don't forget: the more people you recruit, the more chances you have at winning the contest.

Adapted from a Norway.com story by Marit Barkve



In Memoriam

Dorene Marie Borgen

April 28, 1932 – December 23, 2008

Herbert Hilton Fields

October 28, 1935 – March 1, 2009

*Our thoughts and prayers go out to
Ben and Ginger and their families.*

Trollhaugen dates

This will be the 12th year for the Adult Heritage Retreat. The dates are May 1-3. Nancy and Ginger have application forms. If you are thinking about working on a cultural heritage medal, this might be the kick-start you need.





The Desert Viking



We have traveled a total of 2325 miles as of March 20! 7 months into our journey and we're sloshing through Goose Bay, Newfoundland! Another few miles and we're swimming the Atlantic! Way to go team!

Here is a reminder of the rules for our Walk to Bergen challenge:

- You can use any activity that can be measured in mileage: walking, running, cycling, swimming, etc.
- If you choose to earn one of the sports medals at the same time—such as Gangmerke, Sykkelmerke or Idrettsmerke—the mileage counts for both. For instance, if you walk 2 miles in a day, you can put 2 miles on your Gangmerke mileage log *and* 2 miles toward the walk to Bergen.
- The total miles (4100) is for the whole lodge, so everyone participating need only do the best they can and we will add up *everyone's* miles and apply them to the total.

If you have any other questions please contact DJ Watson (628-3391 – president@sol-land.org)

Book Club Update

This month our book club meets on April 29, 7:00pm at Jim and Joanne Lande's house (see calendar for details and address).

In March, we reviewed *Kristin Lavransdatter: "The Bridal Wreath"* by Sigrid Undset. Our discussion revealed widely varying opinions on this book. We found that there are two different translations of the book, with one being easier to read than the other. The older translation purposely used "medieval"-type dialog, possibly to underscore the time frame of the story, but this also made it harder to read and understand. The newer translation is truer to the original dialog as it was written. Our group gave this book a score of 7 out of 10. Next month's reading selection will be the next two books in the series, *Kristin Lavransdatter, "The Wife" and "The Cross"*. These books truly give an interesting peek into the life and times of medieval Norway.

Please feel free to join us in an evening of interesting conversation! Even if you don't have a chance to read the books, please come and see what the book club is about.





The Desert Viking



A Little in English...

Walpurgis Night and St. Hansaften

Litt på norsk...

Valborgsnatten og Sankthansaften

Walpurgis Night is the night of May 1st, and is named in honor of the German saint Walpurgis (approx. 710-779 AD) who was a Christian missionary to the kingdom of the Franks. Even though the name comes from Christianity, many believe that the celebration is connected to pre-Christian times and heathen beliefs. The night belongs to young people, with bonfires and singing. Walpurgis Night is celebrated throughout Scandinavia and many places in Germany.

While celebrating Walpurgis Night is more common in Sweden than in Norway, St. Hans' Eve is popular in both countries. The name St. Hans comes from the biblical John the Baptist who was born June 24th. For the most part we call it St. Hans Eve, but "midsummer's eve" is used as well. The parties often get quite wild, and so midsummer's eve is always held on a weekend.

The tradition of setting a bonfire, especially along the coast, was originally a heathen practice. A long time ago it was typical to believe that the flames would keep the witches away. According to folk belief witches were especially active on midsummer's eve. They might be out to collect ingredients for their witchcraft activities, or they were on their way to witch meetings at Troms Church or The Brocken, which is the highest peak of the Harz mountain range.

Adapted from various sources

Valborgsnatten er natten til 1. mai, og er oppkalt etter den tyske helgenen Valborg (ca 710-779) som var kristen misjonær til frankerriket. Selv om natten har fått navnet fra kristendom, tror mange at feiringa er tilknyttet til førkristen tid og hedensk tro. Natten er en ungdomsfest med bål og song. Valborgsnatten feires over hele Norden og mange steder i Tyskland.

Feiringa av Valborgsnatten er mer vannlig i Sverige enn i Norge, men St. Hansaften (23. juni) er populær i både landene. Navnet St. Hans kommer fra den bibelske Johannes Døperen som ble født den 24. juni. Sankthansaften feires altså her i Norge kvelden før. Vi kaller det stort sett Sankthansaften, men ordet «midtsommersaften» forekommer også. Feiringa går ofte vilt for seg og legges derfor alltid til helgen.

Tradisjonen med å tenne bål, særlig langs kysten, var opprinnelig en hedensk skikk. Lenge siden var det vanlig å tro at ilden skulle holde heksene borte. I følge folketroen var heksene spesielt active midtsommernatt. De kunne for eksempel være ute for å samle ingredienser til sine trolldomsaktiviteter, eller de var på vei til heksemøter ved Troms Kirke eller i Blokksberg i Harzen.

Adaptert fra forskjellige kilder



The Scandinavian and North European name Hans (or Hannes) is shortened from Johannes, the Proto-Germanic form of John. This cross is named **St. Hans's Cross** after St. John the Baptist and known in Heraldry as the **Bowen Cross**. An ancient Scandinavian design such as this is often called a **Shieldknot**.





The Praiseworthy Virtues of the North

Source: <http://www.northvegr.org/northern/book/praiseworthy.php>

This list of praiseworthy ethics is taken directly from the lore of Northern Europe. Nothing listed is modern opinion but, instead, comes from the very words of our Northern European ancestors. Their wisdom and knowledge was recorded in the sagas and Eddas. This word-hoard to the English-speaking peoples in its legend, song, and story is our source. It is a very mine of "noble and pleasant beauty and high manhood," as Sparling terms the Eddas and sagas in his introduction to the Morris and Magnússon translation of Völsunga Saga. These ancestors of the Northern European peoples are the source of what is thought to be praiseworthy. Their wisdom is timeless and what was praiseworthy then, is praiseworthy now.

What is praiseworthy?

1. Gifting is praiseworthy.
2. Generosity is praiseworthy.
3. Moderation is praiseworthy.
4. The maintaining of faith in all circumstances is praiseworthy.
5. Courage is praiseworthy.
6. The seeking of good over ill is praiseworthy.
7. Hospitality is praiseworthy.
8. Courtesy is praiseworthy.
9. Tolerance is praiseworthy.
10. The pursuit of wisdom and knowledge is praiseworthy.
11. The defense of freedom is praiseworthy.
12. Industriousness is praiseworthy.
13. Vigilance is praiseworthy.
14. The protection, nurturing and forbearing of kin is praiseworthy.
15. Showing respect for elders is praiseworthy.
16. Loyalty to friends and kin is praiseworthy.
17. Keeping an oath is praiseworthy.
18. Honoring the sanctity of marriage is praiseworthy.
19. Refraining from mockery is praiseworthy.
20. Refraining from arrogance is praiseworthy.
21. Making kin, honor and justice more important than gold is praiseworthy.
22. Cleanliness is praiseworthy.
23. The maintaining of one's dignity in all situations is praiseworthy.
24. Good organization is praiseworthy.
25. Persistence is praiseworthy.
26. The rule of law is praiseworthy.
27. To try ones steel against an opponent fairly is praiseworthy.
28. Respect for the dead is praiseworthy.
29. For a man to never strike a woman is praiseworthy.
30. To not abuse one's power is praiseworthy.





The Desert Viking

WHERE ARE YOUR ROOTS?

Sol-Land Lodge has added a heritage map! Each month we will have a large map of Scandinavia at the lodge meetings. Members of the lodge are encouraged to mark, using the pins and flags provided, where they have family connections and/or where their relatives are from. This will hopefully generate some interesting conversation and perhaps a few new genealogical discoveries. Please plan to place your markers. Locations will be marked with the lodge members' name. This way it will be relatively easy to find the person who you wish to talk to about that particular area. Many markers were placed at the February meeting. Take a look and see who else is from your ancestral home!



NORSE~RY RHYMES

Heimdall the True

Heimdall the true,
Come blow your horn,
Your foe's in the meadow,
Burning the corn;

But where is the man
Who will stand his ground?
He's wearing his hauberk,
His heart his sound.

Will you fight him?
No, not I,
For if I do,
I'm sure to die.

Ding Dong Dwarf

Ding, dong, Dwarf,
Loki fell off the wharf.
Who pushed him in?
Odin, with a grin.

Who pulled him out?
Fenris, with a shout.
What a scurvy Aes was he
To try to soak our Uncle Lok

Who never let him in the joke
And let him play at Ragnarok.

Three Blind Aes

Three blind Aes,
see how they fight!
They all ran after
the jotun's wife
Who cut off their heads
with a runic blight,
Did you ever see
such a star in the night
As three blind Aes?



Source: <http://www.northvegr.org/family/norsery/index.php>



Upcoming Calendar of Events:

April 6: *Board meeting*, 7pm, Kennewick First Lutheran Church, Rm. 5

April 6, 13, 20, 27: *Norwegian Language class*, 7pm, First Lutheran Church, Room 3

April 17: *General Heritage Meeting*, 6:30pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Program: Donna Gilbery from the Yakima Lodge will give a presentation on bunads.

April 29: *Reading Circle*, 7pm, Jim and Joanne Lande's house, 208008 E. Terril Road, Kennewick, 582-0168.

May 4: *Board meeting*, 7pm, Kennewick First Lutheran Church, Rm. 5

May 4, 11, 18, 25: *Norwegian Language class*, 7pm, First Lutheran Church, Room 3 (subject to change)

May 15: *General Heritage Meeting*, 6:30pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Program: Syttende mai smorrebord and celebration and Eric Nelson, Nordic Heritage Museum of Seattle. Please show your Nordic pride by wearing your bunad!

May 27: *Reading Circle*, 7pm, Book: *In Cod We Trust* by Eric Dregni. Location TBA.

Come to Social Hour with us! Please come and visit with your lodge brothers and sisters beginning at 5:45pm. We'd love to see you there!



Sons of Norway Sol-Land Lodge 2-086

703 Coast Street

Richland, WA 99352