



The Desert Viking

I promised Jim Lande that I would put his name in the February newsletter and I forgot. Mea Culpa! So...Jim won our Norwegian trivia game at the January meeting and gets the honor of currently reigning as the biggest trivia know-it-all! Congratulations Jim! - Sara Watson

Message from the President Social Director

Hi all,

Well, I decided to hijack President's column this month and talk to you about some of the things that I'm excited about happening in our lodge this year.

Last month, I thought it would be fun and a great lodge charity project to try to stock up the local food banks a little. Times are tough and around ¾ of the people who use the food bank on a regular basis are children. I thought that a small contribution by every lodge member each month might not make a large difference in our individual monthly food budgets, but might mean that a needy family has food for the week. I also thought it would be fun to make it a challenge, SO...every month, I will have a special prize for the lodge member who brings the most creative meal to our meeting. It can be breakfast, lunch, dinner, a theme meal (ethnic, picnic foods, all red foods, etc.), whatever you decide. Then, everyone at the meeting will vote on his or her favorite. The best part is that all the food will be donated every month to the food bank. I think that this will be a great way to have some fun and give back to the community.

I have also talked to several people who thought of the great idea of getting together a "Culinary Arts" group. This would be a group of people who are determined to earn their

Norwegian Cooking cultural skills medal. As a group, we would meet each month and sample our foods, exchange recipes and help fill out the paperwork. If you're interested in trying this out, contact Ken Leaf at the next meeting or at 586-4687. He would like to talk to interested people and set something up. There are more new things this year, but I'm at the end of my space, so read the newsletter carefully to see what's in store!

Sara Watson

General Information about the Lodge

Sol Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck beginning at 6:30 PM. Guests are NOT expected to bring food, just to come and enjoy themselves. The general meeting or cultural activity begins about 7:30. We meet at the Kennewick First Lutheran, on 395 and Yelm. We have a **monthly board meeting** on the first Monday of the month at 7 PM also at First Lutheran. The current president is DJ Watson (628-3391), the secretary is Vernie Tiwater (628-9987). They can supply you with names and phone numbers for other officers if you need them. If you wish to come to a meeting, but do not have transportation, give us a call and we can arrange it for you. If you are interested in membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also check out our lodge website at www.Sol-Land.org.





The Desert Viking

President	D.J. Watson	628-3391
V. President/Membership	Karen Aanes	619-1544
Secretary	Vernie Tiwater	628-9987
Treasurer	Cliff Blegen	783-3387
Social Director	Sara Watson	628-3391
Cultural Director	Nancy Carrs-Roach	547-2331
Counselor	Nancy Holter	375-0919
Editor	Nancy Holter, Sara Watson	375-0919 628-3391
Foundation Director	Cliff Blegen	628-3387
Publicity Director	Audrey Blegen	783-3387
Youth Director	Carrie Hallquist	628-9669
Sports/ Rec Director	Ken Leaf	586-4687
Music Director	JoAnne Bjerke	396-2341
Librarian	Nancy Gummer	541-567-8141
Calling Committee	Doris Olson, Laurie Tyssen, Adah Knapstead	547-8675, 545- 9086, 586-6960
Greeter	Ben Borgen	783-9723
Scholarship	Max Kreiter	627-6556

I AM NORSK II Norwegian Genealogy Seminar

Saturday, 2 May 2009

10am – 4pm

(Doors open at 9am)

Bremerton

Sons of Norway

Oslo Lodge 2-035

1018 18th St – Bremerton

**Parking is available in Olympic
College's main parking lot next to
the lodge.**

\$20 per participant

Optional Catered Lunch - \$10

Total Payment due by April 10th

Genealogy Book Sales

Scandinavian Arts and Crafts

Raffle Prizes throughout the day

Volunteer Help Groups

After lunch, we will have individual sharing groups with a translator, computer, and someone who knows the basic area of Norway where your ancestors lived.

Bring Pedigree & Family Group charts.

**Pre-Registration Required –
Limited Access – Public Invited –
Payment due by April 10th**

**Contact Deanna Dowell
(ddowell@wavecable.com) with
the Bremerton Oslo Lodge 2-035
for more information and
registration forms.**



Tidbits:

Request for Recipes

DJ Watson has requested heritage recipes for the web site. He particularly wants those that have a story associated with them. You can see examples on the lodge's website at <http://www.sol-land.org/culture/recipes.htm>

Bunad Patterns for lending

Ginger Fields has some generic bunad patterns for men, women and boys. If you wish to borrow them, please give her a call (734-7876).

Lodge Web site

The lodge web site is: <http://www.sol-land.org/>. There are pictures from past events, recipes, a calendar of events, and other information. The site has been recently re-vamped with a new home page containing important links and a "Contact us" page with the officers' e-mail addresses.

The little Norwegian kid asked his teacher why the days in the summer were so much longer. The teacher answered, "Oh, that's because the heat makes everything expand."





The Desert Viking

Lodge Directories

Those of you who receive the newsletter by e-mail will be getting directories that way. This will greatly reduce the cost for printing and postage. If you think there may be a problem with you address, phone number or e-mail as we now have it, please let Nancy know ASAP. 375-0919 or sol.land.lodge@gmail.com.



MEMBER BIRTHDAYS

Happy Birthday!

Sybil Frederick	3/2
Don Erickson	3/2
Ken Leaf	3/7
Ben Borgen	3/9
Kari Allen	3/10
James Lande	3/14
Juanita Jacobs	3/17
Serena Tilton	3/23
Bjorn H Fristad	3/23

Youth Lodge News:

In March the Youth Lodge will be celebrating Spring with a craft project! In April, we will watch a video - "The Littlest Viking".

LAST CHANCE!

Sol-Land Lodge Scholarship

As many of you may be aware, there have been changes made in the Sol-Land Scholarship that is awarded each year. The by-laws have been rewritten to reflect these changes. The purpose of the scholarship fund is to provide assistance to **current members, or relatives of current or charter members of Sol-Land Lodge #2-86** and is to be applied to their full-time undergraduate tuition at an accredited institution of higher learning. **It no longer restricts the scholarship to graduation high school seniors**, and it is open to those attending any form of accredited higher education; college, trade school, etc. Applications are due in March. If you are interested Contact Max Kreiter (627-6556 norskeflyer@verizon.net) .



REMEMBER TO BRING YOUR WALK TO BERGEN MILES TO THE MEETING THIS MONTH SO WE CAN UPDATE OUR MAP!





The Desert Viking

Lodge Notes:

Lodge History

The Coeur d'Alene lodge is hosting the International Convention in 2010. The District 2 will be celebrating 100 years of existence, and would like to compile a history of the various lodges in the District. If you can help, please contact one of the lodge officers. And speaking of history and officers, the lodge needs an historian. If you might find this an interesting position, please contact Nancy Holter (375-0919; sol.land.lodge@gmail.com).

Exchange students?

Do you know of any Scandinavian exchange students in the area? We would like to extend an invitation to them to join us at our lodge events. Please contact Vernie Tiwater (628-9987; verniet1@verizon.net) if you do.

Walla Walla Bla Fjell Lodge #2-163

Norsk Frokost Scandinavian Breakfast Buffet

When: March 28, 2009

Seating times: 8:00-9:30 or 10:00-11:30

Where: Christ Lutheran Church
1420 S. Second Ave.

Walla Walla, WA 99362

Tickets: \$12.50 - sold in advance only until Mar. 24. They are available from Lodge Members, or call 526-7144

A Swede was traveling on the night-train, but he couldn't find his seat. The conductor asked him if he could approximately remember where it was. "No," the Swede said, "all I can remember is that there was a river outside of it."

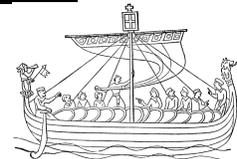
Financial items

The lutefisk dinner appears to have cleared about \$2000 after all expenses are paid. That sounds like a lot of money, BUT in 2008 we have over \$5000 more in expenses than we did in income. We have rent, insurance, and other operating expenses just as any other business or family. Granted, last year we had convention expenses, and those only occur every other year, but we cannot ignore them. We need a consistent source of income that will not exhaust our members or their pocketbooks. If you have ideas or concerns, please contact president D.J. Watson, Vice President Karen Aanes, or any other Lodge officer.

Recipe of the Month

Flatbrød

- 1/2 cup (1-1/4 dl) lard, melted
- 1/4 cup (1/2 dl) sugar
- 1/2 cup (1-1/4 dl) oatmeal flour
- 1 cup (2-1/2 dl) graham flour
- 3/4 tsp. baking soda
- 1 tsp. salt
- 1-1/2 cups (3-1/2 dl) buttermilk
- Unbleached flour as needed



Years ago the Norwegian homemaker stacked rocks on top of the flatbread pile to prevent the mice from gnawing their way through.

Combine ingredients, adding just enough white flour to make dough workable, but not sticky. Roll out into rounds using grooved rolling pin and a pastry cloth. Cut into pieces and bake on cookie sheet in a 350 degrees (175 degrees C) oven for about 8 minutes or until crisp.

http://www.sofn.com/norwegian_culture/showRecipe.jsp?document=Flatbread.html





The Desert Viking

SONS OF NORWAY DISTRICT 2



Where will you be this summer?

Camp Trollhaugen : June 28 - July 11
Easton, WA
Ages 13-15

Camp Nidaros : July 12-25
Seaside, OR
Ages 9-12

Camp Normanna : July 26-Aug. 8
Arlington, WA
Ages 9-12

For an application, see our website

www.sofncamps.com

or call Regina Agerter at
541-685-0115

Applications can be postmarked
starting February 15, 2009



Save the date!

April 18, 2009, 10-5

Norway Day

Thurston County Fairgrounds
3054 Carpenter Rd., Olympia

Music, Dancing, Food, Fjord Horses,
Vikings, Giftware, Artwork & more!



Sponsored by
Hovedstad Lodge, Sons of Norway & Prillar Guri Lodge, Daughters of Norway

Culinary creativity for a good cause!

One of the lodge activities this year will be a monthly food bank challenge. Each month members will be challenged to provide a complete meal of a specific type (breakfast, Mexican, Easter dinner, etc) for a typical family. Bring your meal to the monthly meeting and a vote from lodge members will determine who wins a prize! All food collected will be given to the local food banks.

Please remember to use only shelf stable items in your meal. There is a prize every month!



A man from Africa had been visiting Norway and when he returned to his homeland, his relatives and friends wanted to know how it was in the high North. "Well," he said, "there are two winters, a green winter and a white winter. But the green winter was the hardest because they don't turn on the heat."

Trollhaugen dates

Unfortunately, the Winter Carnival at Trollhaugen was the same day as the lutefisk dinner, BUT there are two opportunities coming up for activities up there.

This will be the 12th year for the Adult Heritage Retreat. The dates are May 1-3. Nancy and Ginger have application forms. If you are thinking about working on a cultural heritage medal, this might be the kick-start you need.

At the end of May, Donna Gilberry will be having another bunad making seminar May 29-31. She says she has new hverdags designs for ladies to sew, and to contact her (donnainwa@q.com) for more information.





Event: Tastes of Norway/Norwegian Cultural and Heritage Day, 10AM-4PM

Leif Erikson Hall in Ballard
2245 NW 57th
Seattle WA 98107

Tastes of Norway/Norwegian Cultural and Heritage Day starting at 10AM on Saturday, March 28, 2009. The events are hosted by Leif Erikson Lodge 2-001, Sons of Norway, 2245 NW 57th, Seattle, WA 98107. Presentations and demonstrations of many traditional Norwegian handicrafts, music, song, dance, and food take place during the day. Artists demonstrate weaving, rug tying, and knitting. Rose painting or *rosemaling* is a traditional craft dating from the 1700s and many items will be featured with this elaborate painting style of Norway.

See our beautiful *bunader* or Norwegian folk costumes which represent the unique areas of Norway at the bunad parade at 3PM. Entertainment includes at 10AM Tre Norske with their fiddles and accordion music; at 11AM Richard Svensson on his accordion; at Noon the Norwegian Male Chorus of Seattle; 1PM Norwegian folk dance performance by the children and families of Barneleikarringen, and at 2PM the Norwegian Ladies Chorus of Seattle.

Enjoy traditional foods and observe how these foods are made including the delicious desserts of *krumkake*, *vaffler*, and *lefse*. Have a tasty lunch of *smørbrød* (open faced sandwiches) and more in our Auditorium. Learn about the Sons of Norway in our community including our sports and cultural skills medal programs and our scholarship programs. Join in trying out crafts for kids and games including traditional games played by the Vikings still played today! Admission is free and open to the public. *Velkommen og vær så god! / Welcome to our home and table!*

Book Club Update

This month our book club meets on March 25, 7:00pm at Nancy Carrs-Roach's house (see calendar for details and address).

In February we reviewed *Out Stealing Horses* by Per Petterson, published in 2007. Our discussion revealed widely varying opinions on this book, but prompted several people to note that they may need to read it again in light of some interesting revelations and everyone's differing points of view. We rated this book a 7.5 on a scale of 1-10. Our next book is *Kristin Lavransdatter: The Bridal Wreath* by Nobel Prize Winner, Sigrid Undset.

When *The Wreath* first appeared in English, the *New York Times* hailed it as "strong and dramatic, founded upon those emotions and impulses which belong not to any especial time or country, but to all humanity." Against the background of a society ruled by centuries-old Norse traditions and the strictures of the Catholic Church (first established in Norway in tenth century), Undset tells the story of a headstrong young woman who defies the expectations of her much-loved father, the lessons of her priest, and conventions of society when she is captivated by a charming and dangerously impetuous man. The courtship of Kristin Lavransdatter and Erlend Nikulaussøn is a far cry from the idealistic romances found in the historical novels of writers like Sir Walter Scott.

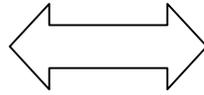
Although she is betrothed to another man and is living in a convent, Kristin and Erlend manage to escape watchful eyes and give free rein to their love and their sexual impulses. When they are finally allowed to wed, they discover that the repercussions of their rebellious behavior are not easily put to rest.





The Desert Viking

Norway



News

Kvinnedoktorer i flertall

For første gang i historien var det i fjor flere kvinner enn menn som tok doktorgrad ved Universitetet i Bergen.

Totalt 233 doktorgrader ble avlagt ved Universitetet i Bergen i 2008. Av dem var 120 kvinner og 113 menn. At kvinnene er i flertall, er noe helt nytt i universitetets historie. Kvinneandelen har økt jevnt på alle fakultet.

– Vi har en mistanke om at det er første gang i historien. Det er i alle fall første gang siden tellingen begynte, sier Mona Rødseth i Kollegiesekretariatet til avisen På Høyden (Nettavis for Universitetet i Bergen).

UiB har hatt en jevn stigning av doktorgrader de siste årene, og 2008 ble et rekordår. Mens det var 23 flere kvinner som tok doktorgraden dette året, var det bare åtte flere menn.

– Dette er helt supert. Dette viser at handlingsplanen vår for bedre kjønnsbalanse virker, sier prorektor Anne Gro Vea Salvanes til nettavisen.

Female doctors in the majority

For the first time in history, last year more women than men took a PhD at the University of Bergen.

A total of 233 doctorates were prepared at the University of Bergen in 2008. Of them were 120 women and 113 men. At the women are in majority, is something quite new in the university's history. The female percentage has increased steadily for all faculty.

–“We have a suspicion that it is the first time in history. It's at least the first time since the survey began, "says Mona Rødseth in Kollegiesekretariatet to the newspaper *The Mount* (site of the University of Bergen).

UiB has seen a steady increase of doctorates in the past few years, and 2008 was a record year. While there were 23 more women who took a Ph.D. this year, there were only eight men. –

“This is great. This shows that our action plan for improving gender balance works”, said Vice Rector Anne Gro Vea Salvanes to the Manager.

Snakker du norsk? -- Do you speak Norwegian?

Hvis du vil lære norsk, fortelle DJ Watson. Vi skal ha et norsk kurs, hvis nok folk

If you want to learn Norwegian, tell DJ Watson. We will have a Norwegian course if enough people

er interessert! Klassen starter i Mars. Vi typisk har en klasse per uke, og der skal bli et liten gebyr

are interested! The class starts in March. We typically have one class per week, and there will be a small fee

for klassen. Vi vil bruke boka «Teach Yourself Norwegian» av Margaretha Danbolt Simons.

for the class. We will use the book “Teach Yourself Norwegian” by Margaretha Danbold Simons.

(Du kan kjøpe den på Barnes and Noble.)

(You can buy it at Barnes and Noble.)

Update: The first class will be on Monday, March 16, at 7pm at First Lutheran Church in Room 3. The cost is \$15 per person/per class. If you have any questions, please contact D.J. Watson at 628-3391 or djwatson@cougarmail.org.





Norwegians: Tougher Than Most

One of my colleagues just passed a news story to me, which I think proves that Norwegians/Norwegian Americans are the toughest people on earth.

The story is about Janice Goodger, a 64-year-old Norwegian-American from Duluth, MN who recently survived an ordeal that would have left most other people as Darwin fodder. Stop now and read the story if you haven't already. (Original article at: <http://www.startribune.com/local/37245029.html>).

Done reading?

Ok, now I'd like to go point by point in support of my assertion that Norwegians are the toughest, most stoic people on earth.

1. Ms. Goodger crab-walked for 50 feet through deep snow. And she has "severe rheumatoid arthritis." I don't know many people who could do that on a summer afternoon, let alone through the snow with her debilitating condition.
2. All told, her heart had stopped for nearly 3 straight hours. Yeah, the heart? Kinda important. Most doctors would recommend against doing things that cause an interruption of cardiac function.
3. First her core body temperature dropped into the 70's. Now a 70-degree day may feel warm to us, but you need to remember that a core body temperature below 86 causes organs to fail and clinical death to ensue.
4. Then her core temp bottomed out at 60 degrees.
5. She had her entire blood supply removed from her body, warmed up, then returned to her.
6. She survived
7. Her nonchalance about the whole ordeal is amazing. She is quoted as saying she survived because she's "a good old Norwegian." Then, when asked if she'll take any steps to avoid this in the future, she responded by saying "I'm going to glue sandpaper on the bottoms so I don't slip. It worked for me when I lived in North Dakota." Modest and practical—very Norwegian of her, don't you think?

I think Ms. Goodger's story is a fantastic one that proves Norwegian determination thrives even in the darkest of times.

Found at the Sons of Norway blog at: http://sonsofnorwayblog.blogspot.com/2009_01_01_archive.html

I'm glad he doesn't live here... In Ohio, an unidentified man in his late twenties walked into a police station with a 9-inch wire protruding from his forehead and calmly asked officers to give him an X-ray to help him find his brain, which he claimed had been stolen. Police were shocked to learn that the man had drilled a 6-inch deep hole in his skull with a Black & Decker power drill and had stuck the wire in to try and find the missing brain.

http://www.amusingfacts.com/cgi-bin/surf/surf_pass.cgi?template=dumb.html&cfid=24.html





The Desert Viking

WHERE ARE YOUR ROOTS?

Sol-Land Lodge has added a heritage map! Each month we will have a large map of Scandinavia at the lodge meetings. Members of the lodge are encouraged to mark, using the pins and flags provided, where they have family connections and/or where their relatives are from. This will hopefully generate some interesting conversation and perhaps a few new genealogical discoveries. Please plan to place your markers. Locations will be marked with the lodge members' name. This way it will be relatively easy to find the person who you wish to talk to about that particular area. Many markers were placed at the February meeting. Take a look and see who else is from your ancestral home!



Cultural Meeting Notes

Nancy Carrs-Roach, Cultural Director

March Meeting:

Gretchen Makinson, a member of the International Folk Dancers of Richland, will be our cultural program presenter for our March 20, 2009, meeting. She and her husband traveled in Norway this past summer. Gretchen was specifically interested in experiencing Norwegian folk dance, customs, and music during their trip. She has already shared her travelogue with her folk dance group to rave reviews. Who knows... Norwegian folk dancing may be in your future!!

April Meeting:

Our Sol-Land Lodge April 17th cultural program will be a presentation about Norwegian Bunads by Donna Gilbery from the Yakima lodge. She is giving a bunad-making workshop at Trollhaugen in May.

May Meeting:

On the evening of May 15, 2009, the Sons of Norway Sol-Land Lodge in Kennewick, WA will welcome guest presenter Eric Nelson, Executive Director of the Nordic Heritage Museum in Seattle, WA. In January 2008, Eric became the second Executive Director of the Nordic Heritage Museum, which was founded in 1980 and has its home in the former Daniel Webster Elementary School in Ballard. Historically, Ballard has been the heart of the Scandinavian-American community in Seattle and the Pacific Northwest. Big changes are underway at the Museum these days and Eric Nelson is going to bring us up-to-date with his presentation.



Upcoming Calendar of Events:

March 2: Board meeting, 7pm, Kennewick First Lutheran Church, Rm. 5

March 16, 23, 30: Norwegian Language class, 7pm, First Lutheran Church, Room 3

March 20: General Heritage Meeting, 6:30pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick.

March 25: Reading Circle, Nancy Carrs-Roach's house, 604 N. Road 36, Pasco, 547-2331. This month's book is Kristin Lavransdatter, The Wreath by Sigrid Undset.

April 6: Board meeting, 7pm, Kennewick First Lutheran Church, Rm. 5

April 6, 13, 20, 27: Norwegian Language class, 7pm, First Lutheran Church, Room 3

April 17: General Heritage Meeting, 6:30pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Program: Donna Gilbery talking about bunads.

April 29: Reading Circle, 7pm, place and book TBA

Come to Social Hour with us! Please come and visit with your lodge brothers and sisters beginning at 5:45pm. We'd love to see you there!



Sons of Norway Sol-Land Lodge 2-086

703 Coast Street

Richland, WA 99352

Lutefisk Dinner Highlights



The tables looked great! Thanks to Karen Aanes for making new sails for our Viking boats!



Lovely Lefse Ladies Vi, Edith and Doris.



Karen at a bustling bazaar table.



Vi, helping make mounds of meatballs on Friday.



Shirley and Colleen strong-arming the meatballs.



Deborah, Ben, and D.J. serving up Lutefisk