



The Desert Viking

Have you ever been to Trollhaugen? Check out the information below:

Trollhaugen Lodge, located in the beautiful Cascade Mountains of Washington State, is for overnight or day use by Sons of Norway members and their guests. The lodge has full-time managers and is open all year.

Location

Trollhaugen is located off Stampede Pass Highway about one mile from Interstate 90. The Stampede Pass Highway is about ten miles east of Snoqualmie Summit at exit 62.

- 9 bedrooms sized to easily sleep 56 people
- Fully-equipped kitchen, including refrigerators, electric stoves, dishwasher, pots, pans, plates, cups and silverware
- Bathrooms with hot showers
- Sauna & hot tub
- Snowcat transportation from Sno-Park during winter season
- Cross-country ski rentals in selected sizes
- Horseshoe pits, sports field and equipment
- Winter sports including cross-country skiing, sledding and inner-tubing at the Lodge and downhill skiing nearby at Snoqualmie Summit

...And more!

Getting there

During the winter season, our snowcat "Little Ole" will pick you up at the Crystal Springs Rock Pit Sno-Park on the Stampede Pass road about one mile from the I-90 intersection. Call the managers from Snoqualmie Summit or Cle Elum to arrange for pickup.

What to bring for overnight stay

When you stay overnight, bring your own bedding, towels, food, toiletries and other personal items. Paper goods are provided and the well-equipped double kitchen is for your use.

Day use

Day use of Trollhaugen is always encouraged. Drop in for a day of cross-country skiing or to enjoy the spring flowers, summer warmth or fall colors.

Lodge Managers: Frieda & Tim Louden

Address: Trollhaugen Lodge, PO Box 155, Easton, WA 98925. Phone: 509-656-9997

Email: trollhau@eastonwa.net

More information can be found at:

<http://sonsofnorway2.com/trollhaugen.htm>

General Information about the Lodge

Sol Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck beginning at 6:30 PM. Guests are NOT expected to bring food, just to come and enjoy themselves. The general meeting or cultural activity begins about 7:30. We meet at the Kennewick First Lutheran, on 395 and Yelm. We have a **monthly board meeting** on the first Monday of the month at 7 PM also at First Lutheran. The current president is DJ Watson (628-3391), the secretary is Vernie Tiwater (628-9987). They can supply you with names and phone numbers for other officers if you need them. If you wish to come to a meeting, but do not have transportation, give us a call and we can arrange it for you. If you are interested in membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also check out our lodge website at www.Sol-Land.org.





Tidbits:

Request for Recipes

DJ Watson has requested heritage recipes for the web site. He particularly wants those that have a story associated with them. You can see examples on the lodge's website at <http://www.sol-land.org/culture/recipes.htm>

Bunad Patterns for lending

Ginger Fields has some generic bunad patterns for men, women and boys. If you wish to borrow them, please give her a call (734-7876).

Lodge Web site

The lodge web site is: <http://www.sol-land.org/>. There are pictures from past events, recipes, a calendar of events, and other information. The site has been recently re-vamped with a new home page containing important links and a "Contact us" page with the officers' e-mail addresses.

President	D.J. Watson
V. President	Greg Holter
Secretary	Vernie Tiwater
Treasurer	Cliff Blegen
Membership Secretary	Vernie Tiwater
Social Director	Sara Watson
Cultural Director	Jim Lande
Counselor	Nancy Holter
Editor	Nancy Holter
Foundation Director	Cliff Blegen
Publicity Director	Audrey Blegen
Youth Director	Carrie Hallquist
Sports/ Rec Director	Ken Leaf
Music Director	JoAnne Bjerke
Librarian	Lucinda Twedt
Calling Committee	Doris Olson
Historian	Adah Knapstad

Sol-Land Lodge Scholarship

As many of you may be aware, there have been changes made in the Sol-Land Scholarship that is awarded each year. The by-laws have been rewritten to reflect these changes. The purpose of the scholarship fund is to provide assistance to **current members, or relatives of current or charter members of Sol-Land Lodge #2-86** and is to be applied to their full-time undergraduate tuition at an accredited institution of higher learning. **It no longer restricts the scholarship to graduation high school seniors**, and it is **open to those attending any form of accredited higher education;** college, trade school, etc.

Applications are due in March. If you are interested, contact

Max Kreiter (627-6556)
norskeflyer@verizon.net) .



One foggy night off the southwestern coast of Norway, a Swedish battle ship received a radio signal in Norwegian telling it to shift course 10 degrees to the west. The Swedish captain bristled, and replied that the sender should shift HIS course 10 degrees to the east! Moments later the reply came telling the Swedish ship to move 10 degrees to the west. "I vil NOT!" screamed the captain. He turned to the radio operator and yelled, "Yu tell dat dumb norveegian to shift 10 degrees to da east!" Again came the reply to the Swede to shift his course 10 degrees to the west. By now the captain was livid, and he signaled "NOW YU LOOK HERE, I AM A CAPTAIN ON A SWEDISH BATTLE SHIP, AND I AM TELLING YU TO SHIFT YOUR COURSE 10 DEGREES TO THE EAST IF YU KNOW VAT'S GOOD FOR YU!" Moments later came the reply: "Ja, vel I am at the Norveegian lighthouse and you vil shift 10 degrees to da vest, if yu know vat's good for yu!"





The Desert Viking

Knut Erik Jensen Concert

Friday, Jan. 30, 7:00 p.m.

Sol-Land Lodge and Kennewick First Lutheran Church's Fine Arts Committee are pleased to announce a program featuring Knut Erik Jensen, a talented Norwegian pianist, and the music of Edvard Greig and other notable Norwegian composers. The concert will be on January 30, and will begin at 7:00 PM. There will be a free-will offering taken, and refreshments will be served afterwards.

For more information, you can see his website:

<http://www.knuterikjensen.com/Images/The%20project%20and%20composers.pdf> or call Jim Lande (582-0168).



MEMBER BIRTHDAYS

Happy Birthday!

Sara Watson	1/3
Doris Olson	1/5
Cash Smallwood	1/5
Donald Dicken	1/8
DJ Watson	1/10
Colmar Bjerke	1/11
Ann Carnahan	1/11
Nancy Holter	1/14
Jane Frazier	1/18
Carrie Hallquist	1/29
Shirley Cotterell	1/31

A Norwegian went on an elephant hunt, but had to quit when he developed a hernia from carrying the decoy.

Volunteer Hours Guidelines

Each year all lodges submit a form Sons of Norway that shows what the lodge accomplished during the past year. The Lodge of the Year awards given out at convention are based on the form. Different points are gained for different activities, publicity, out reach, newsletters, etc. One of the items on that form is the Volunteer Hours tally. It is time to turn in your volunteer hours for 2008. You should submit two numbers to the lodge secretary, one for Community Support total hours and one for total Fraternal hours. A Community Support Activity is a lodge function where action is taken on behalf of the organization to assist needy individuals or improve the community at large (Red Cross blood drive, Habitat for Humanity weekend, raising funds for Hospice House, etc.). A Fraternal Event is an organization function or gathering that conducts the business of the local lodge, promotes fellowship among members, advances the purposes of the society or assists in the personal development of local lodge members (business meetings, lodge meetings, lefse baking days, reading group, Hiking Vikings, working toward cultural badges, lutefisk planning meetings, etc.). **Note:** If you feel an event qualifies as both a Community Support and a Fraternal Event, please include it in both totals.

Volunteer hours need to be turned in to Vernie Tiwater as soon as possible!

Let's win the Lodge of the Year!!





The Desert Viking

Walk to Bergen - Update:



We have traveled a total of 1692 miles as of December 12! Four months into our journey and we're at the southern most tip of Hudson Bay! Way to go team!

Here is a reminder of the rules for our Walk to Bergen challenge:

- You can use any activity that can be measured in mileage: walking, running, cycling, swimming, etc.
- If you choose to earn one of the sports medals at the same time—such as Gangmerke, Sykkelmerke or Idrettsmerke—the mileage counts for both. For instance, if you walk 2 miles in a day, you can put 2 miles on your Gangmerke mileage log *and* 2 miles toward the walk to Bergen.
- The total miles (4100) is for the whole lodge, so everyone participating need only do the best they can and we will add up *everyone's* miles and apply them to the total.

If you have any other questions please contact DJ Watson (628-3391 – president@sol-land.org)

Q S M Å D Ø R B T A L F M M E M I G A X
 R Æ L A B L Å K R U S G E E S P L L L U
 N Æ D E N Q T T Ø W K N R R L O F E S P
 P Ø K T K D E O J B R I K K Ø K C F L U
 E U K A T K E Æ A V A D E S P S T S A Ø
 B Ø U K Å I A L G T N D T I E E S E F Z
 B X T C E I Z B M Y S U L R K K O F M E
 I W Å J P L Z D D O E P O K S J T Y S D
 R E I X K I O P B N K E M R E Ø E R A A
 Ø E K E L E N S K N A K K N L T J S F L
 F H T A K Æ T N T M K S A P F T G T R U
 O H Z T K A I S E Ø E I F K A I U E A R
 G R H P E T K K E K G F B A A T Y K N L
 Æ V M L X L S T R V J Å Å Q E K W A B E
 V Æ Y Å Z N U Ø E N L Ø G L C S E K R M
 Y O Y D W T C R H T A A T Q D Y L E Ø A
 S Z G N Y R Q E L F O Z K T F L X C D R
 S R E Z C R N N Y Å Y P C Ø M T G I Q A
 R Y D L L A K S J N K A Q P M E D M L K
 S S O E Q K Å L R O T S T A P P E N P F

FISKEPUDDING
 FLATBRØD
 FLESKEPØLSE
 FYRSTEKAKE
 GJETOST
 HØSTKAKE
 KALVESTEK
 KARAMELRULADE
 KRANSEKAKE
 KÅLROTSTAPPE
 KÅLRULETTER
 LEFSE
 MANDELMOKKAKAKE
 MOLTEKREM
 NØKKELOST
 OKSEKJØTT
 PINNEKJØTT
 POTETKAKE
 RIBBE
 RISKREM
 SAFRANBRØD
 SANDBAKKELS

SKALLDYR
 SURKÅL
 SYLTE





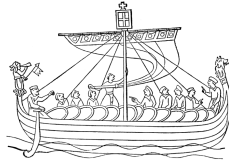
The Desert Viking

Recipes of the Month

Norwegian Pancakes

From Greg Holter

1 ¼ cup milk
½ tsp. salt
¾ cup + 1½ Tbsp. plain flour
2-3 Tbsp. melted butter
2 eggs



Mix well all the ingredients to a batter. Let the batter rest for 20-30 minutes. Place a small ladle full of batter in a hot frying pan, swirl the pan to distribute the batter. Turn when brown on one side. Serve with jam or sugar.

Ribbe (Loin Rib of Pork)

Carrie Hallquist

Rub the loin with a generous amount of salt and pepper, which has been thoroughly mixed (twice as much salt as pepper). Place in roasting pan in a 450-degree preheated oven, reduce immediately to 350 degrees and roast 30 to 35 minutes per pound until nicely browned (45 minutes to 1 hour). Then add 1-cup boiling water and continue baking. Make sure every part of the roast is basted often. During the last half hour no basting is required. When cooking is completed place on platter and allow to rest 10 minutes before carving.



SONS OF NORWAY

Sol-Land Lodge 2-086

Kennewick WA

Annual Lutefisk Dinner

Saturday, February 7, 2009

Time: 12 noon-4:00pm

Kennewick First Lutheran Church

Highway 395 and Yelm, Kennewick

Adults: \$18, Children 6-12: \$6 (Advanced Ticket Sales Only)

Served family style, all you can eat

Seating times: 12:00, 12:20, 12:40, 1:00, 1:20, 1:40, 2:00, 2:20, 2:40,
3:00, 3:20, 3:40, 4:00

Menu: Lutefisk, meatballs and gravy, potatoes, lefse, salad and Scandinavian cookies

www.sol-land.org

Order Form

Select seating time:

1st Choice _____

2nd Choice _____

Number of tickets:

____ Adults at \$18 ____

____ Children 6-12 at \$6 ____

____ Children under 6

Check enclosed: \$ _____

Please provide phone number and self-addressed stamped return envelope.

Return no later than Jan. 28

to:

S of N Lutefisk Dinner

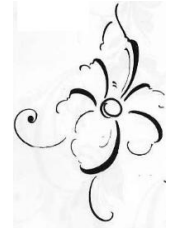
703 Coast Street

Richland, WA 99352





The following article was submitted by Carrie Hallquist to satisfy her elective requirement for her rosemaling cultural skill medal.



Lessons in Rosemaling

When I learned that Marilyn Hansen would be offering a two day Rosemaling class at our lodge, I was intrigued by the possibility of learning to paint traditional Norwegian folk art. For several years, we have had a beautifully decorated switch plate with Norwegian Rosemaling in our family room. The switch plate was expertly painted by Marilyn Hansen, from whom we had purchased it, at our local Nordic Fest.

The little research that I had performed on the subject of Rosemaling led me to believe that this was going to be a skill easily acquired. "How hard could it be?" I wondered. It did not take long to discover that it is more difficult than I realized.

Proper stabilization of the painting hand is essential for performing the controlled brush strokes. Simply mastering this aspect would be a challenge. My first instinct was to brace my painting hand on the pinky of that same hand. While this might work for some painting styles, it became immediately obvious that with it, I lacked the vertical flexibility required for most Rosemaling strokes. Next, I moved to supporting my painting hand on the top of my fisted other hand. While this worked for a time, it too proved to be inadequate in all circumstances. Forming a bridge with my support hand, having only my fingertips touching the painting surface, has so far proved the most versatile support method. In addition to providing adequate support and vertical mobility, it allows for avoidance of paint that has already been applied in an intricately painted area.

The mixing of colors and the consistency of the paint also added a dimension that I had never considered. The paint cannot be too thick, or the evenness and the continuity of the brush strokes will not be correct. The thin outline and detail strokes need even thinner paint. Per report, and not yet based on personal experience, the relative humidity level will also dictate adjustments to the paints' consistency.

Preparation is important in any painting situation, and this I knew. What I have a new appreciation for is how smooth the surface to be Rosemaled should be. Because the strokes are a single arching stroke, even the smallest bump in the surface will cause trouble. The brush will lift off the surface and create a skip in the stroke.

All in all, my newfound hobby of Rosemaling has been an exciting, eye opening adventure, filled with continual learning. It has not been as easy to learn as I imagined, for which I have been humbled. Despite that, I have enjoyed the challenge.

Book Club Update

This month our book club meets on January 28, 7:00pm at Audrey Blegen's house (see calendar for details and address).

O. E. Rolvaag's *Giants in the Earth* narrates the story of a Norwegian immigrant family's struggles on the American plains from 1873 to 1881. The novel details the triumphs, hardships, and ultimate tragedies of South Dakota farmers as they try to wrest a livelihood from a land that, while fertile, often proves actively hostile to human habitation.

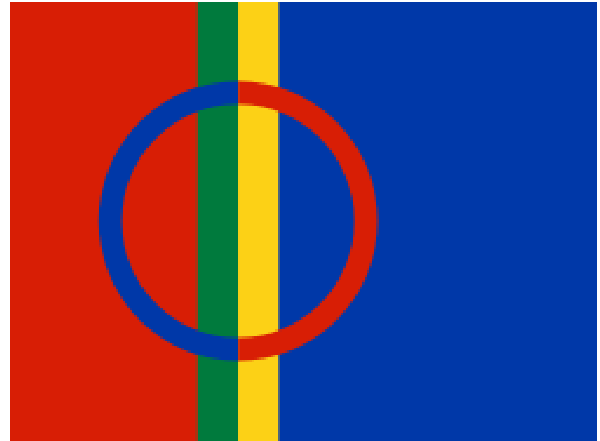
(As a side note, I read this book and had to rush to the library for the second one, *Peder Victorious* (the series is a trilogy and the third one is called *Their Father's God*). These are very readable books that are incredibly descriptive without being verbose and really leave you wanting more. I am so glad I was exposed to these books. I can't wait to read the third one! A must read, in my opinion! - Sara Watson)





Sami National Day – February 6

The *Sami National Day* falls on February 6, as this date was when the first Sami congress was held in 1917 in Trondheim, Norway. This congress was the first time that Norwegian and Swedish Sami came together across their national borders to work together to find solutions for common problems. The resolution for celebrating on 6 February was passed in 1992, at the 15th Sami congress in Helsinki. Since 1993, Norway, Sweden and Finland have recognized February 6 as Sami National Day.



The Sámi people, (also known as Lapps, although this term is considered derogatory) are the indigenous people of northern Europe inhabiting Sápmi, which today encompasses parts of northern Sweden, Norway, Finland and the Kola Peninsula of Russia. Their ancestral lands span across an area the size of Sweden in the Nordic countries. The Sámi people are among the largest indigenous ethnic groups in Europe. Their languages are the Sámi languages, which are classified as Finnic in the Finno-Ugric group.

There is no single Sami language, but a group of ten distinct Sami languages. Six of these languages have their own written standards. The Sami languages are relatively closely related, but not mutually intelligible; for instance, speakers of Southern Sami cannot understand Northern Sami. Especially earlier these distinct languages were referred to as "dialects", but today this is considered misleading due to the deep differences between the varieties. Most Sami languages are spoken in several countries, because linguistic borders do not correspond to national borders. The Sami languages belong to the Finno-Ugric branch of the Uralic language family, and are thus related to Finnish, Estonian, and Hungarian. Due to prolonged contact with neighboring Scandinavians, however, there are a large number of Germanic loanwords in Sami. The majority of the Sami now speak the majority languages of the countries they live in, i.e. Swedish, Russian, Finnish and Norwegian. Efforts are being made to further the use of Sami language among Sami and persons of Sami origin.

The Sami flag was inaugurated during the Sami Conference in Åre, Sweden on 15 August 1986. It was the result of a competition for which many suggestions were entered. The winning design was submitted by the artist Astrid Båhl from Skibotn, Norway. The motif (shown above) was derived from the shaman's drum and the poem "Paiven parneh" ("Sons of the Sun") by the south Sami Anders Fjellner describing the Sami as sons and daughters of the sun. The flag has the Sami colours, red, green, yellow and blue, and the circle represents the sun (red) and the moon (blue).

The Sámi flag was flown from the Government Administration Complex for the first time on Sámi National Day 2003. In future, the flag will be flown from the Government Administration Complex on every 6 February as a symbol of the role of Sámi culture in Norway. The flag will also be flown from the Storting (Norwegian parliament building).

Sources:

<http://www.norway.org/facts/sami/sami/sami.htm>
www.wikipedia.com



Upcoming Calender of Events:

January 7, 14, 21, 28: *Lefse Baking*, Kennewick First Lutheran, 8am-1pm (*January 17th baking day cancelled – new day scheduled for February 4th*)

January 16: *General Heritage Meeting*, 6:30pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick. Installation of 2009 Officers.

January 28: *Reading Circle*, 7pm, Audrey Blegen's house, 721 S. Harrison St., Kennewick (783-3387). All are welcome. This month's book for discussion: *Giants in the Earth*, O.E. Rolvaag.

January 27: *Lutefisk Dinner Committee meeting*, 7pm, Kennewick First Lutheran. Please contact Sara Watson (628-3391) if you would like to help out.

January 30: *Knut Erik Jensen Concert*, 7:00pm, Kennewick First Lutheran Church

February 4: *Lefse Baking*, Kennewick First Lutheran, 8am-1pm

February 6: *Lutefisk dinner preparations*, 8am - ? (Potato and meatball prep, dining room set up, silverware rolling, etc. Please come and see what you can do to help!)

February 7: *Lutefisk Dinner*, 12noon-4pm (Preparations begin at 8am!)

February 20: *General Heritage Meeting*, 6:30pm, Kennewick First Lutheran Church, HWY 395 and Yelm, Kennewick.

Come to Social Hour with us! We're encouraging a new social time before our potluck dinner meeting. Please come and visit with your lodge brothers and sisters beginning at 5:45pm. We'd love to see you there!



Sons of Norway Sol-Land Lodge 2-086

703 Coast Street

Richland, WA 99352