

## **Sons of Norway, Sol-Land Lodge March meeting cultural program features Linda Lawrence Hunt author of *Bold Spirit*.**

**Friday evening, March 16, 2007, 7:00 PM – followed by desert and coffee**

**Kennewick First Lutheran Church, Highway 395 and Yelm**

### **Bold Spirit by Linda Lawrence Hunt**

Desperate. Determined. Unwaveringly confident. In 1896, a Norwegian immigrant named Helga Estby dares to cross 3500 miles of the American continent to win a \$10,000 wager. On Foot.

A mother of eight living children, she attempts to save her family's homestead in Eastern Washington after the 1893 depression had ravaged the American economy. Fearing homelessness and family poverty, Helga responds to a wager from a mysterious sponsor, casts off the cultural corsets of Victorian femininity, and gambles her family's future by striking out with her eldest daughter to try to be the first women to travel unescorted across the country: independent, audacious, alert, and armed with a Smith-and-Wesson revolver.

Almost a century later, author Linda Hunt recreates Helga Estby's story in *Bold Spirit*: her culture and time, her abiding love of America, her heartbreaks and resilient faith, and her challenge to Victorian constraints as she lived on the transitional edge of a new century of possibilities and changing beliefs about women.

For many modern readers, an enduring question remains about what happens when stories go unspoken between us and what keeps family stories alive. Helga's is a rag-rug history, woven from discarded remnants and submerged details, a once-forgotten saga that sheds insight into women's history and demonstrates the tenacious spirit of the human will.

### **About Linda Lawrence Hunt**

Linda Lawrence Hunt, an Associate Professor of English, discovered Helga's story while Director of Writing at Whitworth College in Spokane, Washington. A graduate of the University of Washington, she researched Helga Estby's epic journey for her Ph.D. dissertation at Gonzaga University. A freelance writer, with articles in regional and national publications, she traveled throughout America and in Norway to reconstruct Helga's silenced story and the tapestry of a transitional era between Victorian assumptions and the "new woman" emerging at the turn-of-the-century. An engaging speaker, she also keynotes events, conferences, and retreats.



**Hear about this fantastic story from the author!**

# The Desert Viking

March 2007

## March meeting format changed

For March we will NOT be having a potluck meal. We will be having dessert and coffee after the presentation. Please try to bring "finger-type" desserts, as they are easier to distribute.

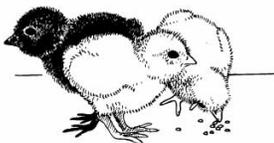
We will be having a short business meeting at 6:30, prior to the presentation. One of the items is a resolution concerning changing the way the scholarship is awarded.

## General Information about the Lodge

Sol Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck beginning at 6:30 PM. Guests are NOT expected to bring food, just to come and enjoy themselves. The general meeting or cultural activity begins about 7:30. We meet at the Kennewick First Lutheran, on 395 and Yelm. We have a **monthly board meeting** on the first Monday of the month at 7 PM also at First Lutheran. The current president is Jim Lande (582-0168), the secretary is Audrey Blegen (783-3387). They can supply you with names and phone numbers for other officers if you need them. If you wish to come to a meeting, but do not have transportation, give us a call and we can arrange it for you. If you are interested in membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member

## Lodge Website

Erik Neilsen has set up a web site for our lodge. The address is [www.Sol-Land.org](http://www.Sol-Land.org). If you have ideas for him, please call Erik (371-8403).



## Other Lodges' Frokost Offerings

The Walla Walla lodge is having a Norske Frokost, Mar 24. There are two seatings, at 8 and 10 AM. Tickets are \$10 and must be purchased in advance. Please call Ginger Fields (734-7876) to buy tickets.

The Lewiston lodge is having their 15<sup>th</sup> Annual Scandinavian Breakfast on March 17, in Clarkston. Tickets are \$6 for adults, and \$2 for children 6 and under. Time is 8AM - 11 AM. Please call Nancy Holter (375-0910) for further information.

## Trollhaugen spring heritage retreat

The dates for the spring retreat are April 20 - 22. Cost is \$95 if registered prior to April 10<sup>th</sup>, \$110 after that date. This is the 10<sup>th</sup> anniversary of the retreats, so who knows what excitement might be waiting for you! Please call Ginger Fields (734-7876), Nancy Holter (375-0919), or Doreen Parker (360-538-0572) for more info or for applications. Sol-Land lodge does provide some partial scholarships to this event. Call Ginger or Nancy for more information.



## April Meeting

The April meeting will be on the 20<sup>th</sup>, at the regular time. The cultural program will be the completion of the series on Sweden, with a video and a few slides, presented by Jim Schlosser.

## Syttende Mai Ideas

We are currently planning the May meeting, which will be held on May 18. We would like to hear what you think would be a good thing to do then. We are hoping to hear from Joe Molvik, a short talk on how they celebrated Syttende Mai in Norway. Also an educational spot to refresh our memories as to exactly what is Mai 17 all about? If you have ideas, please call Social Director Ginger Fields (734-7876) or President Jim Lande (582-0168).

## Lutefisk Dinner Report

We served 383 people at the dinner. This appears to be a record number of people. According to the surveys, most of the people preferred the new "family-style" way of doing it. It was, however, harder on the workers than the buffet style we have used in the past. We had some up front expenses that lowered our net profit from the dinner, but we cleared nearly \$1000 anyway. We need to find a new chairman for next year ASAP, before the memories fade and we forget what worked and what didn't work. If you would be willing to be chairman (or co-chairman, even) please call Ken Leaf (586-4687) and let him know.

## Language Camps

If you looked at the District 2 page in your February Viking, you saw photos from the various language camps held in the district each year. It is time for applications to be sent in to the various camps. To see more information, or to download applications, please go to <http://www.sofncamps.com/>, where there are also links to pages for each camp. The lodge has given partial scholarships to language camps in the past.

## Camp Trollhaugen

Ages 13-15

Located in Easton, WA

July 1-14, 2007

## Camp Nidaros

Ages 9-12

Located in Gearhart, Oregon

July 15-28, 2007

## Camp Normanna

Ages 9-12

Located at Lake Riley outside Arlington, Washington

July 29-August 11, 2007

## Matlyst Monthly

### Sour Cream Dessert Omelet

#### Ingredients:

- 1 cup whipping cream
- 1 cup sour heavy cream
- 2 tablespoons sugar
- 6 eggs separated
- 2/3 cup flour

Preheat the oven to 350 degrees Fahrenheit.

Whip the cream and sour cream with half the sugar. Beat the egg yolks with the remaining sugar until light and lemon colored. Fold into the cream. Fold in the flour. Beat the egg whites until stiff but not dry and fold into the cream mixture. Pour into a greased ovenproof dish and bake until puffed, golden and set, about 15-20 minutes.

Serves 5

