



## Upcoming Meetings

The February meeting will feature a video "Coming Home", which is a 23 minute documentary of David Ellingson's kayak adventure on the fjords in Norway. It weaves together breath-taking scenery, stirring music, and a story exploring his family's journey to America and his discovery that home is place, people, and spirit. After the video there will be an opportunity for members to give a brief recollection of their own "Going Home" experiences. We hope to see many of you there on Feb 17th for a potluck meal and then the meeting.

The program for the March meeting will be a presentation on the Cultural Skills program by Ron Rolla. Attendees are encouraged to bring items they have used to earn Cultural Skills Medals in the past to show others what/how they did it. We will probably also talk about the Sports Medal program, so round up all the questions you have on those two topics to be prepared for the Mar 17th meeting.

Sol-Land is hosting the Zone 5 Seminar on April 29th. Zone seminars are a great place to meet members of other E. Washington and Idaho lodges, to exchange ideas, and to learn a bit more about how the entire organization works. It is a Saturday meeting, starting about 9 AM and finishing by around 3 PM. Rennae will be contacting members to volunteer their time to host, and we hope to see many of our members attending – after all, it is free AND you will get lunch!

**CHANGE IS THE ONLY CONSTANT**



### Changes in meetings, deadlines, committees

The Executive Board has moved the board/business meeting to the Monday after the regular meeting. That means that in Feb, it will be Feb 20<sup>th</sup>. All members are welcome to attend the board meetings. We meet at Kennewick First Lutheran, 7 PM.

Submissions for the newsletter are now due by the 4<sup>th</sup> Friday of the month – Feb's deadline is Feb 24<sup>th</sup>.

**Laurie Tyssen is our new Sunshine chair. Please let her know about anyone who needs a bit of sunshine in their lives. ((509) 545-9086, gtyssen@gmail.com)**

Sol-Land Lodge holds a monthly meeting on the third Friday of the month. We have a potluck dinner beginning at 6:30pm. Guests are not expected to bring food just to come and enjoy themselves! The cultural program begins about 7:30. We meet at Kennewick First Lutheran Church on the corner of HWY 395 and Yelm. We have a board meeting on the Monday after the regular membership meeting, beginning at 7:00pm, also at Kennewick First Lutheran. If you wish to come to a meeting, but do not have transportation, please contact us and we will arrange it for you. If you are interested in a membership, give one of us a call; we can tell you what we are all about and how to go about becoming a member. You can also visit our lodge website at [www.sol-land.org](http://www.sol-land.org).

### Norwegian TV series and Movies to stream

Films of Norway (<https://www.filmsofnorway.com/>) offers Norwegian movies and TV series for all ages. English subtitles are available. Watching Norwegian language films with English subtitles is a good way to improve your ability to understand spoken Norwegian.

**Films of Norway is offering a 7 day free trial, and after that, according to the website, the cost would be \$4.99/month. Does anyone in our group already**





## Sol-Land Lodge 2023 Officers:

President	Greg Holter
Vice President	Laura Kostad
Secretary	Nancy Holter
Treasurer	Lucinda Twedt
Counselor	Virginia Fields
Social Director	Rennae Rosenberg
Cultural Director	Gretchen Makinson
Asst. Cultural	Ron Rolla/Joe Molvik
Sport Director	Lisa Bartholomew
Foundation Director	Nancy Holter
Publicity Director	Kristie Edwards
Editors	Sara Watson/ Nancy Holter
Musician	Linnea Hillesland
Librarians	Gretchen Makinson/Maureen Woodward
Marshall	...
Assistant Marshall	Dave Payson
Greeter	Donna Smitt
Asst. Greeter	Ginger Fields/ ...
Sunshine Committee	Laurie Tyssen
Scholarship Chair	Dick Nordness
Tubfrim Chair	Laurie Tyssen

## Speaking of Speaking Norwegian

There is a blog post on the International website about dialects in Norway. There are two official written languages, but no official spoken one in Norway. "As far as regional dialects, there are four main groupings of spoken Norwegian: Northern (nordnorsk), Central (trøndersk), Western (vestlandsk) and Eastern (østnorsk). Each area has its own *talemål* or dialect that differs from the written standards and no speech variant is considered better than the other." There are even dialects within dialects – for example, Western Norwegian (vestlandsk) has Western and Southern branches and there are divisions in these, such as the Valle-Setesdalsk dialect in Upper Setesdal and Valle.

The post gives some examples of written vs spoken and also some suggestions on how to 'tune' your ear. There are links to Norwegian language shows and songs for you to listen to as examples. The post is at <https://www.sofn.com/blog/embracing-dialects/>



### Online events to take note of

#### Virtual Northern Lights Experience

Join a Norwegian guide who will show you how to most appreciate the most picturesque spots on the Northern Lights! This expert will explain exactly what they are, when to see them, and how best to appreciate and photograph them.

Those who keep Bucket Lists tend to prioritize a once in their life chance to view these polar lights and their natural show in the sky! While Covid 19 has made the travel experience impossible to most of the world, today we will take the Northern Lights to you virtually!

Enjoy Norway's spectacular fjords and mountain landscapes by train and by boat, before chasing the elusive Northern Lights! Have you ever dreamed of seeing the Aurora Borealis or sailing down a spectacular Norwegian fjord? Join us on this trip of a lifetime to Norway and make those dream come true!

As a bonus, our guide will also showcase the culture of those who live under the Northern Lights – namely very North Scandinavia! This talk will also be about the history, geography, and culture of the 5 Nordic countries with fun facts about each individual country and details about the territories of Svalbard, Faroe Islands, and Greenland. He will explore the early myths and legends these Scandinavians shared about the Northern Lights and what role they played in the Sami indigenous population culture.

There are multiple opportunities for you to enjoy this online experience. It is not limited to people with FB accounts.

Feb 18<sup>th</sup> at 5:30PM <https://www.facebook.com/events/548337860484712/>

Feb 25<sup>th</sup> at 7:00PM <https://www.facebook.com/events/829998584956028/>



## District 2 Events

The District 2 Ski Race was the 1<sup>st</sup> Saturday in February BUT you can still participate! For the whole month of February, please record how many miles you cross-country ski. This event is open to all ages and experience levels. Send your miles to District Two Sports Director: Laurie Berg. Be sure to include your full name, age, and the lodge that you are a member of. **The cut-off date for submitting miles is March 15th.** Once all miles have been submitted, they will be tallied, and Laurie Berg will disperse participation awards. Results will be printed in the Dynamic 2. Miles can be tracked for all skiing, not just miles done at Trollhaugen. Laurie Berg, (206) 235-5558, laurieberg.lb@gmail.com

Trollhaugen is open for use, but you need to check in advance, to be sure someone is there to open the lodge. Most weekends it is open for day use because someone has rented it out for overnight use – but you need to verify that it will be open BEFORE you go. To make reservations or to check availability, send your request to trollhau@outlook.com. For general information about Trollhaugen Lodge, visit <https://www.trollhaugensofn.com/>.

### Community outreach

The lodge is considering partnering with the Kennewick Community schools again next year to offer classes; baking, cooking, hand crafts...what classes are you interested in taking? What classes are you willing to help with?

**To avoid the scramble to reconstruct your volunteer hours next January, start keeping track of them NOW!!**

### The International Lodge Directory is back!

There have been some improvements to the Lodge Directory, so take a moment to check it out from the “About Us” tab on the International website. ([https://www.sofn.com/about\\_us/](https://www.sofn.com/about_us/)). The updates make information available by selecting either a location on a map or from a list format.



### Language Camps are back!!

2023 Registration for District 2 Youth Camps begins Feb 14. The camps are:  
Camp Trollhaugen - (ages 13-15) Easton, WA June 25 - July 8, 2023  
Camp Nidaros – (ages 9-12) Gearhart, OR July 9 - 22, 2023  
Camp Normanna- (ages 9-12) Lake Riley, WA July 23 – August 5, 2023

Total all-inclusive tuition for each two-week camp is \$700. will be recorded in the order in which they are received. To attend camp, children must have a parent, grandparent or sponsor who is a Sons of Norway member in District 2.

There are two District-wide scholarships available to campers. The Draxten Memorial Fund awards funds to D2 campers who are also receiving funds from their local lodge. The amount varies from year to year, based on the total number of awards handed out. The Sofie/Olson Memorial Scholarship Fund supplies money to the children and grandchildren of district members to attend D2 youth camps.

**If you are interested in sending a child to camp, please contact Nancy Holter (509-375-0919, [sol.land.lodge@gmail.com](mailto:sol.land.lodge@gmail.com)) for more information and application forms.**

# Calendar

Febr 17, 6:30pm – Monthly Heritage Meeting -  
Potluck Dinner and Video “Coming Home”.

Feb. 23, 4-5 p.m. - Scandinavian Folk Dance  
Class, KFLC Fellowship Hall

March 17, 6:30pm – Monthly Heritage Meeting -  
Cultural and Sports Medal Program

April 29 – Zone 5 Seminar



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